

**VOLUNTEER
OPPORTUNITIES DIRECTORY**

**NORTHLAND PUBLIC LIBRARY
MAY, 2007**

INDEX

AARP PENNSYLVANIA STATE OFFICE.....	4
ALLEGHENY COUNTY LITERACY COUNCIL INC. / CHRISTIAN LITERACY ASSOCIATES	4
ALLEGHENY GENERAL HOSPITAL	4
ALLEGHENY GENERAL HOSPITAL- SUBURBAN CAMPUS (FORMERLY SUBURBAN GENERAL HOSPITAL)	4
ALLIANCE FOR THE MENTALLY ILL OF SOUTHWESTERN PA / NAMI SOUTHWESTERN PENNSYLVANIA	5
AMERICAN CANCER SOCIETY	5
AMERICAN LUNG ASSOCIATION.....	6
AMERICAN RED CROSS, SOUTHWESTERN PA CHAPTER	6
ANIMAL FRIENDS, INC.....	6
ARTHRITIS FOUNDATION WESTERN PENNSYLVANIA CHAPTER.....	6
AUDUBON SOCIETY OF WESTERN PENNSYLVANIA.....	7
BENEDECTINE CENTER.....	7
BETHANY HOSPICE.....	7
BIDWELL TRAINING CENTER, INC.....	7
BLIND AND VISION REHABILITATION SERVICES OF PITTSBURGH (PITTSBURGH VISION SERVICES).....	8
BOYS & GIRLS CLUBS OF WESTERN PA	8
BOY SCOUTS OF AMERICA, SENECA DISTRICT	8
CARNEGIE LIBRARY OF PITTSBURGH.....	8
CARNEGIE MUSEUM OF ART.....	9
CARNEGIE MUSEUM OF NATURAL HISTORY.....	9
CARNEGIE SCIENCE CENTER.....	10
CHILDREN'S HOSPITAL OF PITTSBURGH.....	10
CONTACT PITTSBURGH, INC.....	10
CRISIS CENTER NORTH, INC.....	11
EASTER SEALS WESTERN PENNSYLVANIA.....	11
EPILEPSY FOUNDATION OF WESTERN/CENTRAL PENNSYLVANIA	11
FAMILY HOSPICE AND PALLITATIVE CARE.....	11
FAMILY RESOURCES.....	12
FAMILY SERVICES OF WESTERN PA	12
FORBES HOSPICE.....	12
GIRL SCOUTS –TRILLIUM COUNCIL	12
GENESIS OF PITTSBURGH, INC. /GENESIS HOUSE.....	13
GOOD SAMARITAN HOSPICE.....	13
GREATER PITTSBURGH LITERACY COUNCIL.....	13
HARMONY HOSPICE AND PALLITATIVE CARE.....	14
HARTWOOD MANSION	14
HEALTHSOUTH HARMARVILLE REHABILITATION HOSPITAL.....	14
HEARTH (FORMERLY NORTH HILLS AFFORDABLE HOUSING)	14
HEARTH LAND HOME HEALTH AND HOSPICE.....	15
H. J. HEINZ HISTORY CENTER.....	15
HOLY FAMILY SOCIAL SERVICES	15
HOPE HOSPICE, INC.....	15
INTERNAL REVENUE SERVICE-TAXPAYER EDUCATION OFFICE.....	16
JUBILEE ASSOCIATION INC.....	16
KANE REGIONAL CENTER ROSS TOWNSHIP	16
LUTHERAN SERVICE SOCIETY OF W PA/ DEPT. OF AGING SERVICES	16
MARS HOME FOR YOUTH	17
MEALS ON WHEELS.....	17
NORTH HILLS HEALTH AND REHABILITATION CENTER	24

MAGEE - WOMEN'S HOSPITAL.....	24
M.A.N.Y (MID ATLANTIC NETWORK OF YOUTH & FAMILY SERVICES).....	25
MEDI HOME HOSPICE	25
MERCY HOSPITAL OF PITTSBURGH.....	25
MYASTHENIA GRAVIS ASSOCIATION OF WESTERN PA, INC	25
NATIONAL AVIARY IN PITTSBURGH	26
NORTH HILLS ART CENTER.....	26
NORTH HILLS COMMUNITY OUTREACH.....	26
NORTH HILLS YOUTH MINISTRY COUNSELING CENTER	27
NORTH SUBURBAN ADULT SERVICE (NSAS)	27
NORTHLAND PUBLIC LIBRARY	27
NORTHSIDE COMMON MINISTRIES	28
ODYSSEY HEALTHCARE.....	28
ParentWISE INC.....	28
PITTSBURGH CHILDREN'S MUSEUM	29
PITTSBURGH INTERNATIONAL CHILDREN'S THEATER.....	29
PRIORITY TWO	30
RIVERSIDE COMMUNITY CORRECTIONS CENTER	30
ROSS/WESTVIEW EMERGENCY MEDICAL SERVICE.....	30
SALVATION ARMY EMERGENCY DISASTER SERVICES	30
SEVITZ JEWISH HOSPICE.....	31
SEWICKLEY VALLEY HOSPITAL	31
ST. JOHN SPECIALTY CARE CENTER.....	31
THE WATSON INSTITUTE.....	31
THREE RIVERS CENTER FOR INDEPENDENT LIVING.....	31
TOGETHER FOR RETARDED YOUTH INC	32
TOWN OF MCCANDLESS	32
TRINITY HOSPICE.....	32
TOWN OF Mc CANDLESS VOLUNTEER FIRE AND RESCUE SERVICES.....	33
BRADFORD WOODS VOLUNTEER FIRE COMPANY	34
VOLUNTEER FIRE DEPARTMENTS.....	34
UPMC PASSAVANT HOSPITAL	34
UPMC SHADYSIDE.....	35
UPMC ST. MARGARET HOSPITAL.....	35
URBAN LEAGUE OF PITTSBURGH, INC. – DCMF.....	35
VALENCIA WOODS AND THE ARBORS AT ST. BARNABAS.....	35
VINCENTIAN HOME.....	36
VINCENTIAN REGENCY.....	36
VOLUNTEER OPPORTUNITIES AT THE LUTHERAN SERVICE SOCIETY	36
WEXFORD HOUSE NURSING CENTER.....	36
WOMEN'S CENTER AND SHELTER.....	37

VOLUNTEER OPPORTUNITIES DIRECTORY
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AARP PENNSYLVANIA STATE OFFICE (Pittsburgh)

30 N 3rd Street, Suite 750

(412) 318-3890

Harrisburg, PA 17101

CONTACT: Kelly Altmire

E-mail: Kaltmire@aarp.org

AARP provides community service and advocacy on older adult issues. Volunteers are needed for both service and advocacy. Volunteer's assignments include: legislative advocate, outreach on older adult issues and community service programs. Requirements of volunteers are flexible, so is the number of volunteers required.

Benefits include insurance and expense reimbursement. Recognition is given through meals and gifts. Volunteer handbook and guidelines are available.

ALLEGHENY COUNTY LITERACY COUNCIL INC. / CHRISTIAN LITERACY ASSOCIATES

311 Cumberland Road

(412) 364-3777

Pittsburgh, PA 15237

CONTACT: Dr. William E. Kofmehl Jr.

E-mail: drliteracy@aol.com

The agency develops basic reading material (mostly with Bible content) for use with adults and children. It trains volunteers to use the material; acts as consultant in literacy locally, nationally and internationally. Volunteers are required for service (tutors), advocacy and as members of professional/board. For the board; reading specialists, teachers or artists are required. Volunteers are needed for one to one tutoring for children and adults lacking basic reading skills; for contacting churches and schools concerning the program; and for assisting in development of literacy materials. Some computer experts are also needed with web designing experience. Tutors should be able to read well and have patience. Tutors normally work two, one-hour periods per week with a student during 12 week semesters. Over 53,000 tutors have been trained, but there are 225,000 functionally illiterate adults in Allegheny County! Certificates for long term service are given.

Benefits include tremendous satisfaction in a job well done! Training videos and text books etc are available. Call for more information.

ALLEGHENY GENERAL HOSPITAL

320 E. North Avenue

(412) 359-3067

Pittsburgh PA 15212

CONTACT: Jennifer Kopar (Director Volunteer Services)

Website: www.wpahs.org

An academic medical center recognized for cardiology, neurology, oncology, pediatrics and many other specialties. Volunteers are needed in both service and advocacy areas. They must work a minimum of 4 hours a week. Assignments vary with the volunteer's interests. Opportunities are available in many areas of the hospital. Assignments include: escort, physical therapy, ICU hostess, gift shop, info desk, nursing units, patient advocate, patient mail and research. Minimum age for volunteering is 16 years. Number of volunteers required depends on the need.

Benefits include parking and complimentary lunch. There is an annual luncheon for recognition. Volunteer handbook and guidelines are available.

ALLEGHENY GENERAL HOSPITAL- SUBURBAN CAMPUS (Formerly Suburban General

Hospital)

100 S. Jackson Avenue
Pittsburgh, PA 15202

(412) 734-6905

CONTACT: Kathy Ferri (Coordinator Community Relations & Volunteer Services)

E-mail: kferri@upahs.org

The hospital utilizes volunteers in all departments, both patient and non-patient areas. Volunteers must be age 16 or over. Presently they are interviewing volunteers for lobby information, desk greeters for evenings (4:00 – 8:00 pm). Annual T.B test is required. Flu shot is optional.

There is an annual volunteer recognition banquet. Handbook and guidelines are available during orientation.

ALLIANCE FOR THE MENTALLY ILL OF SOUTHWESTERN PA / NAMI SOUTHWESTERN PENNSYLVANIA

105 Braunlich Drive
Suite 200, Mc Knight Plaza
Pittsburgh, PA 15237

(412) 366-3788

CONTACT: Harriet D. Baum (Executive Director)

E-mail: info@namiswpa.org

Their mission is to provide support, resource and advocacy for all people suffering from serious persistent mental illness and their family members. Volunteers are needed for both advocacy and as members of professional/board. Total number of volunteers needed is 25-30. There are no special requirements for volunteers.

Recognition is given at annual conference. No special volunteer handbook or guidelines available.

AMERICAN CANCER SOCIETY

320 Bilmar Dr.
Pittsburgh, PA 15205

(412) 919-1100

CONTACT: Denise Fry

E-mail: denise.fry@cancer.org

The agency uses volunteers for both service and advocacy. Volunteers are needed for the following:

Road to Recovery – Trained volunteer drivers provide free rides for cancer patients to cancer-related treatment centers and doctors' appointments. Volunteer mileage reimbursement is available. Drivers may specify hours and days between 8:30 and 4:30, Monday through Friday.

Reach to Recovery – Trained breast cancer survivors offer practical tips on self-care and a listening ear to anyone with breast cancer at diagnosis, during treatment, and beyond. Volunteers may choose own hours and days.

Look Good...Feel Better – Trained beauty professionals teach women undergoing cancer treatment how to understand and care for changes in skin and hair that may occur. Volunteers can conduct classes around their schedule.

Man to Man – Trained prostate survivors offer practical tips, education, and support. Volunteers may choose own hours and days.

Office Support – Includes special projects such as preparing mailings, assembling program packets, photocopying, making phone calls, etc... Volunteers may choose hours between 8:30 and 4:30 Monday through Friday or choose to select projects to do at home. The American Cancer Society has a legislative advocacy program aimed at influencing state and federal law makers. Their priorities include assuring access to care, addressing disparities, funding medical research and cancer programs, and curbing tobacco-related illnesses. This grass root network of volunteers works to pass meaningful legislation in the fight against cancer. Varying days and hours are available.

Relay for Life – Communities of volunteers and American Cancer Society "Take up the Fight" to spread potentially life-saving messages of early detection and prevention and promote local programs and services

offered by the American Cancer Society. Various volunteer opportunities are available with varying days and hours.

Miscellaneous – A variety of income fundraisers are held throughout the year with diverse volunteer opportunities such as Daffodil Days, holiday cards, and golf outings. Varying days and hours are available. Type of recognition varies. Volunteer handbook and guidelines are available depending on the volunteer assignment.

AMERICAN LUNG ASSOCIATION

11676 Perry Highway, Suite 2104
Wexford, PA 15090

(724) 933- 6180

CONTACT: Jon Luptak (Regional Vice President)

American Lung Association is engaged in Cause-Related Health Service; Advocacy and Education Programming. Volunteers are used to support various fundraising events. Requirements and number of volunteers vary. No volunteer handbook or guidelines is available.

AMERICAN RED CROSS, SOUTHWESTERN PA CHAPTER

P.O. BOX 1769, 225 Blvd. of the Allies, Pittsburgh, PA 15230-1769

(412) 263-3100

CONTACT: Pat Fenton, Dir. Of Operations

8:30 A.M.-4:45 P.M.

Multi-faceted human services organization which provides a variety of emergency and training services to the general public. This includes disaster relief health services, water safety services, support services including clerical, public relations, fund raising, etc. The Chapter is also the local sponsor for the RSVP and FGP programs. Volunteer assignments vary according to the service being offered. Disaster volunteers provide direct assistance; training volunteers teach classes at different sites. There are about 35 different types of opportunities. Training classes are provided for each area of specialty. Hours can be flexible based on availability; generally one day a week on a regular basis, for 4 hours. 3000 volunteers participate. Benefits include liability, insurance, reimbursement for some expenses based on NEED, access to training courses, yearly volunteer recognition based on program and types of volunteers.

ANIMAL FRIENDS, INC.

562 Camp Horne Road
Pittsburgh, PA 15237

(412) 847-7000

CONTACT: Leanne Blower

E-mail: volunteering@animalfriends.org

Animal friends Inc. is an animal shelter/educational facility/resource center. Volunteers are required for service and as professional/board members. Volunteers are given diversified assignments. The requirements of volunteers also vary with the assignments. Volunteers are given retail store benefits. Volunteer banquets are held for recognition. Volunteer handbook and guidelines are available.

ARTHRITIS FOUNDATION WESTERN PENNSYLVANIA CHAPTER

100 West Foundation square Drive #1950
Pittsburgh, PA 15219

(412) 566-1645

CONTACT: Kristen Prinzo

E-mail: www.arthritis.org

Arthritis Foundation WPA Chapter serves as a community resource that provides health educational information about arthritis treatment and sign and symptoms. They offer programs EX, AQ, SELF HELP. Volunteers assist with office tasks, community speaker's bureau, health fairs and fund raising.

AUDUBON SOCIETY OF WESTERN PENNSYLVANIA

614 Dorseyville Rd.
Pittsburgh, PA 15238-1618
Contact: Scott Detwiler
E-mail: aswp@aswp.org
Website: www.aswp.org

(412) 963-6100

The agency provides nature education and land stewardship. Volunteers are required for service and as members of board. Volunteer assignments include: leading nature programs; grounds keeping; clerical, receptionist, store clerk and native plant nursery. Requirements of volunteers vary from casual to 8 hrs per week. Any needed training is provided by the agency. Total number of volunteers needed varies. Many opportunities are available to suit your skills and interests. Benefits include appreciation events and free programs. Volunteer handbook and guidelines are available depending on the position held. Volunteers can call for further information or visit www.aswp.org.

BENEDECTINE CENTER

4530 Perrysville Ave.
Pittsburgh, PA 15229-2296
CONTACT: Sister Gemma (Information Referral Outreach Director)
E-mail: benedictinecenter@comcast.net
Website: www.benedictinecenter.org

(412) 931-6051

The Benedictine Center is a non-profit organization sponsored by the Allegheny County Department of Aging and the Benedictine Sisters of Pittsburgh. This program takes care of senior citizens and the elderly. They have an APPRISE program in which a consultant helps citizens with their problems. They provide legal counseling – a lawyer works with 4-5 seniors /month. They also have a program called VITA. They have a low vision support group and a fitness center. They provide transportation and protective services. Volunteers are needed in variety of areas. They assist with adult day care activities. Nutritional areas – during lunch time as kitchen help and for cleaning up. In senior activity center volunteers help with crafts and line dancing. Secretarial areas - telephone support and reassurance (1 day/week), at the desk and for greeting. Door-to-door outreach during the summer. A willing spirit, flexible hours, creativity, and sharing of talents are the requirements of the volunteers. They should be 18 or above. Total number of volunteers needed is 6. Recognition is given during a volunteer party in April (\$2 lunch or dinner).

BETHANY HOSPICE

875 Greentree Rd
Pittsburgh, PA 15220
Contact: Linda Peterson
E-mail: LPeterson1221@hotmail.com

(412) 921- 2209

Volunteer assignments include visiting patients, clerical work, music therapy, pet therapy and massage therapy for hospice patients in their homes, nursing homes and hospitals all over Allegheny County. Volunteers should devote minimum 1½ hour per month. Training is provided in Greentree office. Benefit includes self satisfaction. Volunteer handbook and guidelines are available.

BIDWELL TRAINING CENTER, INC.

1815 Metropolitan Street
Pittsburgh, PA 15233
CONTACT: Tim Bierria
E-mail: tbierria@mcg-btc.org

(412) 323-4000 ext.289
800-516-1800

The center provides tutors for adult basic education and vocational training. Volunteers are required for

tutoring. High school diploma is required. There are more than 20 volunteers whose work is known throughout the city. Volunteer handbook and guidelines are available.

BLIND AND VISION REHABILITATION SERVICES OF PITTSBURGH (PITTSBURGH VISION SERVICES)

1800 West Street (412) 368-4400
Homestead, PA 15120
CONTACT: Ellen Regel
E-mail: eregel@pghvis.org

The agency helps consumers to retain independence and self respect. The agency provides training for adult and blind persons. Volunteers programs include reading mail, paying bills and running errands. They provide *sighted-guide training* for the volunteers. Volunteers must be dedicated to the assignment and must be 21 yrs of age or older. Total number of volunteers is 6 – 12. There is a recognition dinner. Volunteer handbook and guidelines are available.

BOYS & GIRLS CLUBS OF WESTERN PA

5432 Butler St. (412) 782-5710 ext 116
Pittsburgh, PA15201
CONTACT: David Madjerich (V.P. operations)
E-mail: d_madjerich@bgcwpa.org
Website: www.bgcwpa.org

It is a youth serving agency for youth aged 5-18. Volunteers are needed as program assistants, coaches and tutors. Act 33/34 clearance is required. Number of volunteers varies. Volunteer handbook and guidelines are available. The agency has multiple sites. Check website for locations and more information.

BOY SCOUTS OF AMERICA, SENECA DISTRICT

1275 Bedford Ave. (412) 325 - 7930
Pittsburgh, PA 15219-3699
CONTACT: Bill Taylor

A youth service agency for boys aged 7 years (or first grade) to 21 years of. Program is designed to build moral strength and character; to train them in the responsibilities of citizenship; to teach self-reliance; and to develop physical, mental, and emotional fitness. Volunteers are needed to be youth service unit (troop) leaders, manager and sales for coordination of other adults. There are approximately 400 volunteers.

CARNEGIE LIBRARY OF PITTSBURGH

4400 Forbes Ave. (412) 578 - 2612
Pittsburgh, PA 15213
Contact: Nancy Auman
E-mail: aumann@carnegielibrary.org

It is a Public Library which has 19 libraries in the system. Main is in Oakland. Others are in Beechview, Brookline, Carrick, Downtown and Business, East Liberty, Hazelwood, Hill District, Homewood, Knoxville, Lawrenceville, Mt. Washington, Sheraden, South Side, Squirrel Hill, West End, Woods Run, Library for the Blind and Physically Handicapped. Volunteers are needed to assist librarians. Volunteers should work at least 4 hours/week and have basic literacy.

Benefits include \$1 parking in Oakland. Recognition provided during a spring luncheon. No handbook or guidelines available.

CARNEGIE MUSEUM OF ART

E-mail: volunteers@carnegiemuseums.org

(412) 622 - 3359

Expand your horizons, meet interesting people, and surround yourself with some of civilization's greatest achievements. Whether you work with the public or behind the scenes, volunteering offers the opportunity to share an interest, gain work experience, support the community, explore one's potential, and meet new friends.

Volunteers lead tours, assist with children's art activities and classes, do research and data entry for curators, and help with various projects and programs.

Benefits include: Free admission to the four Carnegie Museums of Pittsburgh; Discounts for parking, classes, food services and gift shop merchandise; Regularly scheduled enrichment programs that include lectures and conversations with the museum's curatorial and research staff; Invitations to receptions and special events; Work experience and letters of recommendation.

CARNEGIE MUSEUM OF NATURAL HISTORY

They have a number of volunteer opportunities.

Fisher Scientific Biotechnology Lab

The Fisher Scientific Biotechnology Lab, featuring state-of-the-art equipment, is a place where visitors can learn about how biotechnology relates to larger themes in natural history. The lab offers a variety of programs to Museum visitors on Saturdays and to schools and other groups throughout the week. Some knowledge of biology and lab safety is preferred. Volunteers should enjoy working with people of all ages and be available for a 4-5 hour block of time each volunteer session. For more information, contact Stacey Damm at (412) 578- 2497 or DammS@CarnegieMNH.org.

Discovery Room

Volunteers in the hands-on Discovery Room assist visitors of all ages in engaging activities. Volunteers must be at least 16 years old, enjoy working with people of all ages, and be available for 3.5 hours one day each week of every other weekend. For more information, contact Rhonda Kelly at (412) 622- 1950 or KellyR@CarnegieMNH.org.

Teen Docents

Teen Docents explain touchable Natural History objects to visitors at various stations throughout the Museum. Volunteers must be teenagers who enjoy interacting with visitors of all ages and be available one Saturday per month during the school and one day a week during the summer. For more information, contact Marie Viggiano at (412) 578- 2456 or TeenDocent@CarnegieMNH.org, or visit the Teen Docent Website.

Traveling Classroom

The Traveling Classroom presents programs on selected natural history topics to Pre-K through high school students in their classrooms. Volunteers must be able to travel, carry materials, and be available on weekdays during the school year. For more information, contact Lenore Adlerat (412) 688- 8687 or AdlerL@CarnegieMNH.org.

Museum on the Move

Museum on the Move is an outreach program that provides Natural History and anthropology programs for children with special needs in the greater Pittsburgh area. Volunteers must be able to travel and carry materials, and be available on weekdays throughout the year. For more information, contact Lenore Adlerat (412) 688- 8687 or AdlerL@CarnegieMNH.org.

EXPRESS (Exciting Programs Especially for Seniors)

This Museum on the Move branch program offers programs to senior citizens in personal care homes,

assisted living facilities, senior citizen centers, and adult day care programs. For more information, contact Lenore Adlerat (412) 688- 8687 or AdlerL@CarnegieMNH.org.

To volunteer in other areas of the Museum, please call the Volunteer Office at (412) 622- 3318.

CARNEGIE SCIENCE CENTER

One Allegheny Ave.
Pittsburgh, PA 15212

(412) 237-1621

CONTACT: Sue Harden

Carnegie Science Center is a place where discoveries are made every day. If you are interested in learning what you can do, we invite you to join Carnegie Science Center's Volunteer Team. It is not necessary for you to be a scientist in order to be an important part of the team. The volunteer team includes diverse people of all ages, abilities, educational levels and employment backgrounds. Whether giving directions and answering questions in visitor services or working behind the scenes in offices, volunteers help make Carnegie Science Center programs possible. The volunteer program staff will help you select a role that matches your interests and abilities with department needs.

Benefits include: Free admission to the exhibits, UPMC SportsWorks, Buhl Planetarium and USS Requin; Free admission to all Carnegie Museums of Pittsburgh; Discounts at the museum stores; Discount at the River View Café; Discount on memberships; Training; Flexible scheduling (open 7 days a week).

Carnegie Science Center's Teen Volunteer Program

Carnegie Science Center's Teen Volunteer Program accepts individuals ages 14 - 18. This program offers a unique experience in which young people can explore career interests, build employment skills and contribute to the region. Individuals are given the opportunity for personal growth and responsibility.

All applicants will be interviewed. Individuals who are available throughout the school year will be interviewed on an as needed basis. Individuals interested in summer volunteering must apply by March 31 to be considered for a summer position. All interview sessions are held at Carnegie Science Center and last approximately 90 minutes. Parents/Guardians are invited to join the first half on the session, which includes a brief overview of the program and a tour of the facilities. A group interview follows and is closed to parents/guardians.

CHILDREN'S HOSPITAL OF PITTSBURGH

3705 Fifth Avenue
Pittsburgh, PA 15213

(412) 692- 5185

Contact: Laura Burns

E-mail: volunteer@chp.edu

It's a Pediatric Hospital. Volunteer assignments include In Patient, Out Patient help and clerical help. Volunteers should work 3-4 hours a week. Number of volunteers required varies.

Benefits include free flu shots, parking, snacks and \$4 meal ticket. There is an annual recognition party. Volunteer handbook and guidelines are available.

CONTACT PITTSBURGH, INC.

P.O. Box 11294
Pittsburgh, PA 15238

(412) 820-0100

CONTACT: Christy Stuber

It is a crisis and suicide hotline, providing immediate emotional support 24 hrs a day, 7 days a week. Crisis line specialists are nonjudgmental volunteer listeners that provide immediate emotional support to adults and teens. Volunteers should be over the age of 21, have their own transport, participate in 40 hr training, willing to work 2-3 shifts a month (shifts are 4 hrs).

Benefits include a volunteer recognition dinner. A volunteer handbook or guidelines is available at the

completion of training.

CRISIS CENTER NORTH, INC.

P.O. Box 101093

(412) 364-6728

Pittsburgh, PA 152237

Contact: Glenn Sauer (Volunteer Coordinator)

E-mail: ccnpgh@aol.com

Crisis Center north is a domestic violence counseling, referral and resource center. Volunteers are needed for service, advocacy and as members of the board. Volunteer services include clerical help with copying, bulk mailing, attending fairs to distribute crisis center north literature, hotline shifts, advocacy help at family court and medical advocacy help at local hospitals and giving presentations to educate community on domestic violence. Volunteers are required to undergo a 48 hr state mandated training. 20 volunteers needed per year for fall and spring trainings.

Benefits include helping those in need and grateful staff hearts. There is an annual volunteer recognition dinner. Recognition is also provided in the form of highlights in Northern star quarterly Newsletter. Volunteer handbook and guidelines are available.

EASTER SEALS WESTERN PENNSYLVANIA

2525 Railroad street

(412) 281-7244

Pittsburgh, PA 15222-4608

CONTACT: Lauren Ban

E-mail: lan@weasternpa.easterseals.com

Website: www.westernpa.easterseals.com

Easter Seals Western Pennsylvania is an agency providing therapeutic and vocational rehabilitative services to more than 21,000 children and adults with disabilities and other special needs annually, in 20 counties in western PA. Volunteers are utilized for service and professional/board requirements. Volunteers are needed to help with events and other fund raisers, as well as volunteering for a specific program service. Volunteers must be available during the day/week for program services and during the day/evening for special event. Benefits and recognition varies. Volunteer handbook and guidelines are available. For more information visit www.westernpa.easterseals.com.

EPILEPSY FOUNDATION OF WESTERN/CENTRAL PENNSYLVANIA

1323 Forbes Ave. Suite 102

(412) 261-5880

Pittsburgh, PA 15219

CONTACT: Colleen Kaufman (special events co-ordinator)

EFWCP is a private, non-profit service organization providing public education and supportive services to individuals and families affected by epilepsy/seizure disorders. Volunteers are used for their special events. Volunteers are given adequate training and there is always a team leader to answer the questions.

FAMILY HOSPICE AND PALLIATIVE CARE

50 Moffett St.

(412) 572- 8806

Pittsburgh, PA 15243

Contact: Nicholas Pelli (Manager of Volunteer Services)

E-mail: nPELLI@FamilyHospice.com

It is a home care agency who cares for patients with life threatening illness. They care for terminally ill patients in homes and contracted facilities (nursing homes, personal care homes, etc.) Volunteer assignments include patient care, bereavement, office volunteers (clerical), and special event volunteers.

Volunteers must be 18 years or older. For anyone wanting patient care and bereavement volunteering, they need to complete 18 hours of training. All volunteers are required to complete an interview with the manager of volunteers. They provide necessary training.

Benefits include insurance and service awards. Recognition is provided through service awards and recognition luncheon. Volunteer handbook and guidelines are available with job description.

FAMILY RESOURCES

1100 Freeport Road
Mars, PA 16066
Contact: Andy Fisher

(724)-776-0660

Agency for the prevention and treatment of child abuse and neglect through individual/group treatment programs; teen parenting programs; therapeutic preschool for children who are victims of sexual/physical abuse/neglect-ages 2 1/2 -5; in-home care while parents attend groups; a secretarial work such as answering phones, work processing, and filing; collecting toys for needy children during holidays; answering the warm lines (4 hrs shift) for parents who need help and support. Mental health professionals are needed for group/individual treatment. Duties and hours vary with each program. Programs are located in the Downtown area, East Liberty and numerous other locations in Allegheny County. There is also a Retreat Center in Cranberry.

Benefits include mileage, parking and approved out-of-pocket time. A recognition luncheon is held annually.

FAMILY SERVICES OF WESTERN PA

3230 William Pittsway
Pittsburgh, PA 15238
CONTACT: Paulette Zanotti
E-mail: fswp@fswp.org
zanottip@fswp.org

(412) 820-2050 ext 410

The agency provides behavioral health and specialized support services. Volunteers are needed for service, advocacy and for professional/board requirements. They do not have a formalized volunteer program, but will match individual interest with current need.

FORBES HOSPICE

115 South Neville Street
Pittsburgh, PA 15213
CONTACT: Shelby Anderson (Director Volunteer services)
E-mail: sanderso@wpahs.org
Website: www.forbeshospice.org

(412) 325 - 7200

(412) 325 - 7297

The agency provides service to people of all ages who are at the end of life in Allegheny and Beaver Counties. Volunteers are needed for service, advocacy and as members of board. They are always in need of volunteers. Volunteer assignments include patient care, friendly visits, spiritual care, grief support, clerical, fundraising, 11th hour vigil, and to meet 'n greet. Requirements of volunteers change on the basis of the role they are performing.

Benefits include lunch and dinner meals, and travel reimbursement. Recognition is provided on an ongoing basis. They also have an annual dinner.

GIRL SCOUTS –TRILLIUM COUNCIL

606 Liberty Ave.
Pittsburgh, PA 15222
CONTACT: Jenn Golling

(412) 594-2299
8:30 A.M.-4:30 P.M.

Provides opportunities for 5-17-year-old girls to grow strong in character, conduct and confidence. In addition to Girl Scout leaders, volunteers serve as program advisor to teens, Juliette coordinators to girls. There are over 40 volunteer positions to suit the interest and skills of them. Benefits are available to volunteers including insurance, networking opportunities, subsidized costs for activities, site rentals, free training and FUN! Total number of volunteers is over 5000. Guideline is available. There is an annual council recognition.

GENESIS OF PITTSBURGH, INC. /GENESIS HOUSE

185 Dakota Ave.

(412) 766-2693

Pittsburgh, PA 15202

Contact: Nancy Egbert

E-mail: nancy@genesispgh.org

Assist pregnant women with housing, education, counseling and provision of free maternity and baby clothing and equipment. Volunteers are needed to pick up donated items and take to center in Bellevue. Volunteers are also needed to help sort clothing and display at center. Hours and duties are flexible. Any number of volunteers is welcome. Onsite training is provided.

GOOD SAMARITAN HOSPICE

3500 Brooktree Rd, Suite 320

(724) 933- 8888

Wexford, PA 15090

Contact: Oxsana Byczkalo

E-mail: oxsanabyczkalo@good-samaritanhospice.org

Volunteer assignments include **Patient care volunteers** – provide companionship for terminally ill patients, running errands, warming up meals etc. Provide relief for care giver. **Clerical** – special projects, in office, mailings, collating, filing. **Fund raising** – helping in various ways in the yearly fund raises, mailings, PR, etc. No special skills required. Hours are flexible. Volunteers must be caring and compassionate. Volunteers are continuously needed.

They have a volunteer appreciation function staff – Saturday. Volunteer handbook and guidelines are available.

GREATER PITTSBURGH LITERACY COUNCIL

300 Glenn Ave.

Glenshaw, PA 15116

(412)487-8290

CONTACT: Shirley Derbis

E-mail: sderbis@gpk.org

Website: www.gpk.org

Main Office: 100 Sheridan Square, 4th floor
Pittsburgh, PA 15206

This is an adult literacy program providing tutoring in reading, writing, math, English as a second language etc. Volunteers are needed for service, advocacy and as members of board. Volunteers are needed primarily for tutoring on a one to one basis or in small groups. Volunteers are also needed for office work, advocacy and for special projects. Volunteer should be 18 years of age or older and should be at least a high school graduate or have a G.E.D. All volunteers have to complete a 12 hr workshop prior to working with students. Ideally volunteers should be able to put in at least 2 hrs twice a week. Currently agency has a waiting list of over 300 students, so large number of volunteers required. Recognition includes certificates and Q – volunteer program.

Benefits include student gratitude. Volunteer handbook and guidelines are available on request. For more

information visit www.gpk.org.

HARMONY HOSPICE AND PALLIATIVE CARE

811 Washington Avenue
Carnegie, PA 15106

(412) 276 - 4700

CONTACT:

E-mail: info@harmonyhospice.com

It is an agency providing quality end-of-life care to those with a life-limiting illness. Volunteers perform administrative tasks such as filing, data entry and bulk mailings. Patient-care volunteers can provide friendly companionship, light grocery shopping, cooking, light housekeeping, and respite for family. Volunteers should pass a criminal background check. One time drug test is required if volunteer plans to make contact with patient. Total number of volunteers required is 20. They will recruit more volunteers as their company grows.

Benefits include mileage and bus fair reimbursement and staff support. There is an annual luncheon. Volunteers are given appreciation gifts on an ongoing basis. Volunteer handbook and guidelines are provided during orientation.

HARTWOOD MANSION

200 Hartwood Acres
Pittsburgh, PA 15238
CONTACT: Linda Joy

(412) 767-9200

Hartwood mansion is a country owned mansion in Hartwood Acres Park. Volunteers are needed to guide groups on tours of the mansion. Volunteers are needed for everyday tours and extra during holiday time. Volunteers learn the history of Hartwood and give personalized one hour tours. Volunteers also help serving teas. Total number of volunteers is approximately 30. Recognition includes luncheon trips to other mansions and historical sites. Volunteer handbook and guidelines are available.

HEALTHSOUTH HARMARVILLE REHABILITATION HOSPITAL

Guys Run Road
Pittsburgh, PA 15238

(412) 826-4929

CONTACT: Nancy J. Fazio (Coordinator)

E-mail: Nancy.Fazio@HealthSouth.com

It is a rehabilitation hospital. Volunteer assignments include patient escorts and assisting patients in dining room at meal times. No specific requirements on skills or education. Hours are flexible for each person. Each person makes their own schedule to fit their needs varying from Monday – Friday 7:30 am to 6:00 pm. Volunteers are required on Saturdays and Sundays to help with meals. Large number of volunteers required. Benefits include free meal and free parking. Recognition is given during an annual luncheon. Volunteer handbook and guidelines provided during orientation.

HEARTH (Formerly North Hills Affordable Housing)

4540 Perrysville Ave.
Pittsburgh, PA 15229

(412) 931-4482

(412) 939-2302

CONTACT: Cherie Hugh

8:30 A.M.-4:30 P.M.

NHAH is a grass roots coalition of local community groups, churches, and individuals who are committed to addressing the issue of homelessness. The mission is to develop safe, affordable housing for the families in crisis. At the present time volunteers are needed to serve on various committees and to screen applicants for the Cash Assistance Program to single parent families in Northern Allegheny County.

HEARTLAND HOME HEALTH AND HOSPICE

750 Holiday Dr.

Foster Plaza 9

Pittsburgh, PA 15220

Contact: Jessica Ruggles

E-mail: 4676officestaff23@hermanorcare.com

(412) 928 - 2126

It is a hospice volunteer/friendly visitor or respite sitting. Volunteers are required for both service and for professional/board. Volunteer assignments include: visiting with patients; providing respite for family and pet/art/music therapy. Volunteers must be able to travel locally – no education needed. Free training is provided.

They provide employee recognition/ holidays/ volunteer luncheon in April. Volunteer handbook and guidelines are available.

H. J. HEINZ HISTORY CENTER

1212 Smallman Street

Pittsburgh, PA 15222

CONTACT: Sandra Baker

E-mail: slbaker@hswp.org

(412) 454- 6412

Make your contribution to history by becoming a volunteer at the History Center or the Meadowcroft Rockshelter & Museum of Rural Life in Avella. Volunteers are needed to: serve as greeters and tour guides for adults and school groups, as well as special events; provide customer service as ticket takers and information guides at the admission desk and as retail assistants in the Museum Shop; assist with seasonal indoor and outdoor activities at Meadowcroft; catalog and research objects, research and organize photographs and papers in our archival collections; provide library reference assistance; help with clerical and other office activities.

Benefits include 10% discount at the History Center Museum Shop; learning and enriching opportunities through public programs, seasonal gatherings and field trips, free parking and entrance to the museum during operating hours and evening programs.

HOLY FAMILY SOCIAL SERVICES

8235 Ohio River Blvd.

Pittsburgh, PA 15202

CONTACT: Lynn Guerra

E-mail: Guerra.lynn@hf.pgh.org

(412) 766-9020 ext 304

The agency provides care, residential and therapeutic treatment to abused and neglected children. Volunteers create activities for groups of children; mentor a child long term; teach skills such as piano, drums; and tutoring. Volunteers are required to have love of youth, have understanding of abuse and neglect and have experience with this population. 40 volunteers needed as mentors and the number for group activities varies.

They have a yearly recognition and appreciation along the way. Volunteer handbook and guidelines are available.

HOPE HOSPICE, INC.

3292 Babcock Blvd,

Pittsburgh, PA 15237

CONTACT: Linda Smith

www.hopehospicepgh.org

(412) 369-3685

Hope Hospice provides Hospice services and palliative care for patients with life limiting illness.

Volunteers needed on an ongoing basis for both service and advocacy. Volunteers are needed to provide companionship and respite care for patients. Volunteers also needed for clerical work in the office. Volunteers should possess a caring heart and must complete a 4-hour volunteer training course. Benefits include: friendship with patients and liability insurance coverage. Recognition given on Christmas and during National Volunteer Week.

INTERNAL REVENUE SERVICE-TAXPAYER EDUCATION OFFICE

1000 Liberty Ave., Room 919A
Pittsburgh, PA 15222
CONTACT: Diana Smith
E-mail: Diana.msmith@irs.gov
Website: www.irs.gov

(412) 395-6569

Through the Volunteer Tax Assistance and Tax Counseling, volunteers help people to prepare federal, state and local tax returns for free. Free training is provided to all the volunteers and they are required to take and pass an open book test. No prior experience is necessary. Large number of volunteers is needed. There is an annual recognition ceremony. Volunteer handbook and guidelines are available. For more information visit www.irs.gov.

JUBILEE ASSOCIATION INC.

2005 Wyandotte St.
Pittsburgh, PA 15213
CONTACT: Sister Ligouri Rossner
E-mail: jubileeassoc79@yahoo.com

(412) 471-6772

Volunteers perform simple tasks like cutting fruit and making salads. Volunteers are required to possess simple skills of preparing meals and cleaning up. Number of volunteers varies from case to case. Volunteer handbook and guidelines are available.

KANE REGIONAL CENTER ROSS TOWNSHIP

110 McIntyre Road
Pittsburgh, PA 15237
CONTACT: Sue Crump
E-mail: scrump@county.allegheny.pa.us

(412) 369-2083

Requirements and duties of volunteers vary depending on the job requirements which are discussed at the orientation. Volunteers need people skills and are provided wheel chair training. Number of volunteers needed is flexible. Benefits include free parking, free meals, tax write off and invite to volunteer lunch. Recognition is provided at the volunteer luncheon.

LUTHERAN SERVICE SOCIETY OF W PA/ DEPT. OF AGING SERVICES

Address 1: 3171 Babcock Blvd
Pittsburgh, PA 15237
Address 2: 440 Lincoln Ave.
Pittsburgh, PA 15202
CONTACT: Sylvia K. Lynn
E-mail: slynn@lsswpa.org

(412) 366-9490

(412) 734-9330

Multi service non-profit faith based organization dedicated to meeting the needs of people. Volunteers required in service, advocacy and professional/board areas. Volunteers are required for Meals on Wheels

drivers, deliveries, kitchen assistance, senior networking and computer use instructors. Volunteers are also needed for care management; aid to seniors i.e. shopping, driving, visiting, calling, clerical (data entry, filing), and newsletter mailing. Call and discuss where best to serve. Volunteers should be willing to serve, deliver, assemble and instruct. 6 volunteers needed for the kitchen for Meals on Wheels in the North Hills and 44 in Allegheny County.

Benefits include volunteer insurance and friendship. There is an annual volunteer luncheon for recognition. Volunteer handbook and guidelines are available.

MARS HOME FOR YOUTH

521 Route 228
Mars, PA 16046
E-mail: info@mhy-MARS.org

(724) 625-3141

This is a non profit social service agency. Volunteers are required for service and as professional/board members. Volunteers are needed to organize and recruit others, to collect items for the children and for fundraising. Volunteers are needed on an ongoing basis.

Recognition is provided in the quarterly newsletter.

MEALS ON WHEELS

See listings for telephone numbers and addresses

Provides nourishing meals to homes of the frail elderly, disabled, or home-bound people who can no longer shop or prepare food for themselves. Two meals, one hot and one cold, are delivered Monday through Friday. Volunteers can be: kitchen helpers, drivers, or deliverers. Others may do work from their homes, such as holiday baking or making tray favors. The time commitment can range from 2-4 hours per month to several hours per week, depending on the needs of each kitchen.

ARLINGTON MEALS ON WHEELS

Henry Kauffmann Neighbourhood Center
2201 Salisbury Street
Pittsburgh, PA 15210
CONTACT: Tess Garfold
SERVES: Arlington, Mt. Oliver, Bon Air, Arlington Heights

(412) 381- 7727

ASPINWALL MEALS ON WHEELS

St. Edwards Church
450 Walnut Street
Pittsburgh, PA 15238

(412) 820- 8350

MAILING ADDRESS:

P O Box 38356

Pittsburgh, PA 15238

CONTACT: Ann Castile

SERVES: Fox Chapel, O'Hara Township, Blawnox, Part of Sharpsburg, Aspinwall, Indiana Township

AVONWORTH MEALS ON WHEELS

St. James Lutheran Church
28 Pittsburgh Street
Pittsburgh, PA 15202

(412) 766- 7763

SERVES: Emsworth Area, Ben Avon, Ben Avon Heights, Part of Avalon, Kilbuck Township, Ohio twp, Aleppo Twp, Osborn, Sewickley Hgts, Edgeworth

BEECHVIEW MEALS ON WHEELS

St. Pamphilus Church (412) 343- 5455
1000 Tropical Avenue
Pittsburgh, PA 15216
CONTACT: Betty Pastorius
SERVES: Beechview, Dormont, Banksville (Beechview Side)

BELLEVUE MEALS ON WHEELS

Northminster Presbyterian Church (412) 761- 1209
45 North Freemont Avenue
Pittsburgh, PA 15202

MAILING ADDRESS:

C/O Dee Young
1005 Norwood Avenue
Pittsburgh, PA 15202
CONTACT: Dale-Cook
SERVES: Bellevue, Part of Avalon, Part of Ross Township

BETHEL PARK/UPPER ST. CLAIR MEALS ON WHEELS

Bethel Presbyterian Church (412) 835- 1039
2999 Bethel Church Road
Bethel Park, PA 15102
CONTACT: Dorothy Vandruff (Site Manager)
SERVES: Bethel Park, Part of Upper St. Clair

BRENTWOOD (SOUTH HILLS) MEALS OF WHEELS

Brentwood Presbyterian Church (412) 881- 6688
3725 Brownsville Road
Pittsburgh, PA 15227
CONTACT: Betty Nizio (Cook/Site Coordinator)
SERVES: Brentwood, North Baldwin Boro, Part of Pleasant Hills, Part of Whitehall

BRIDGEVILLE MEALS ON WHEELS

Goodwill Manor (412) 221- 1011
601 McMillen Street
Bridgeville, PA 15107
CONTACT: Ruth Doyle (Site Manager)
SERVES: Bridgeville, Part of Scott Township (Salvini Plan), Part of Collier Township, Part of S. Fayette, Kirwin Heights, Part of Upper St. Clair, Heidelberg

BRIGHTON HEIGHTS MEALS ON WHEELS

Brighton Heights Lutheran Church (412) 865- 9993
3830 California Avenue
Pittsburgh, PA 15212
CONTACT: Fred Munde (Site Manager)
SERVES: Brighton Heights, Upper North Side, Part of Jacks Run Road area, Riverview Hi Rise

BROOKLINE MEALS ON WHEELS

St. Mark's Lutheran Church (412) 343- 8144
933 Brookline Boulevard
Pittsburgh, PA 15226
CONTACT: Carol Ingold (Site Manager)
SERVES: Brookline, Edgebrook, Part of Overbrook, West Liberty

CARNEGIE MEALS ON WHEELS

St. John's Lutheran Church (412) 279- 5670
601 Washington Avenue
Carnegie, PA 15106
CONTACT: Polly Gasbeb (Site Manager)
SERVES: Carnegie, Rosslyn Fams, East Carnegie, Honus Wagner Plaza, Part of Collier (Rennerdale Area)

CARRICK MEALS ON WHEELS

Concord Presbyterian Church (412) 881- 0990
1907 Brownsville Road
Pittsburgh, PA 15210
SERVES: Carrick, Part of Baldwin Boro

CASTLE SHANNON AREA MEALS ON WHEELS

Emmanuel Lutheran Church (412) 531- 1130
935 Pine Avenue
Pittsburgh, PA 15234
SERVES: Baldwin Township, Castle Shannon, Part of Whitehall, Part of Overbrook

CATHOLIC YOUTH ASSOCIATION

286 Main Street (412) 621- 3342
Pittsburgh, PA 15201
CONTACT: Maureen Fay
SERVES: Pat of East Liberty, Part of Stanton heights, Shadyside, Morningside, Oakland

CHURCHILL MEALS ON WHEELS

2500 McCrady Road (412) 243- 0881
Pittsburgh, PA15235
CONTACT: Judy Sheperd (412) 243- 3413
SERVES: Churchill, Part of Wilkins Township, Part of Wilkinsburg

CLAIRTON MEALS ON WHEELS

First United Methodist Church (412) 233- 6325
500 Thompson Avenue
Clairton, PA 15205
SERVES: Clairton, Glassport, Part of Pleasant Hills, Jefferson Boro, Part of West Mifflin, Part of Finleyville, Part of Dravosburg

CRAFTON MEALS ON WHEELS

48 Division Street (412) 922- 0909
Pittsburgh, PA 15205
SERVES: Crafton, Ingram, Thornburg, Thornberry, Noble Towers Hi-Rise

DUQUESNE MEALS ON WHEELS LifeSpan, Inc.

Tutel-Age Center (412) 466- 4000
14 South First Street
Duquesne, PA 15110
SERVES: Mon-Youth Area, Liberty Boro, Lincoln, Port Vue, South Versailles, Versailles

EAST END COOPERATIVE MINISTRY MEALS ON WHEELS

250 North Highland Avenue Kitchen: (412) 361- 4200
Pittsburgh, PA 15206 Office: (412) 361- 5549
CONTACT: Phyllis Nelson (412) 361- 5549 ext 415

SERVES: East Liberty, Lemington Area, Highland Park, Part of Garfield, Part of Shadyside, Part of Morningside

EAST MCKEESPORT/LINWAY MEALS ON WHEELS

Linway United Presbyterian Church
600 Lincoln Highway
North Versailles, PA 15137

Church: (412) 824- 3555

SERVES: East McKeesport, North Versailles, Part of Turtle Creek, Wilmerding

EAST SUBURBAN MEALS ON WHEELS

AUMC Hospital
2570 Haymake Road
Monroeville, PA 15146

(412) 856- 0311

SERVES: Monroeville, North of Business route 22

MAILING ADDRESS:

East Suburban Meals on Wheels
C/o Mr. Elwyn Hildum
807 Cranberry Drive
Monroeville PA 15146

EDGEWOOD MEALS ON WHEELS

Swissvale Senior Center
7350 McClure Avenue
Pittsburgh, PA 15218
SERVES: Edgewood and Swisshelm Park

(412) 731- 6125

ELIZABETH – FORWARD MEALS ON WHEELS

Central Highlands Community Methodist Church
100 Timothy Drive
Elizabeth, PA 15037

(412) 751- 2230

CONTACT: Jan Neander (Site Manager)

SERVES: Elizabeth Boro, Elizabeth Township, Forward Township, Elrama, West Elizabeth, Floreffe

FOREST HILLS/EASTERN AREA

Forest Hills Senior Center
444 Avenue D
Pittsburgh, PA 15221
SERVES: Forest Hills

(412) 824- 5610

HAZELWOOD MEALS ON WHEELS

Good Shepherd
Johnson and 2nd Ave.
Pittsburgh, PA 15207

(412) 521- 2330

SERVES: Hazelwood, Glen Hazel, Glenwood, Part of Greenfield

HILL DISTRICT/OAKLAND MEALS ON WHEELS

Hill House Association (NOFA)
New Opportunities for the Aging
2038 Bedford Avenue
Pittsburgh, PA 15219

(412) 392- 4450
M-F 8:30 – 4:30

SERVES: Oakland, Hill District, Bedford, Polish Hill, Downtown Buildings (May Building, Roosevelt Arms, (Mid-Town Towers)

HILLTOP/ MT. WASHINGTON MEALS ON WHEELS

Hilltop United Methodist Church (412) 481- 1434
631 Warrington Avenue
Pittsburgh, PA 15210
CONTACT: Sandi Goss (Site Coordinator)
SERVES: Mt. Washington, Duquesne Heights, Allentown, Beltzhoover, Knoxville

HOMESTEAD MEALS ON WHEELS

LifeSpan Inc. (412) 464- 1300
314 East 8th Avenue Office hours: 9:00 – 5:00
Homestead, PA 15120
SERVES: Homewood-Brushton (all zip code 15208), Part of East Hills

KOSHER MEALS ON WHEELS

Jewish Family & Children’s Services (412) 683- 4900
234 McKee Place Office hours: M-F 8:30 – 5:00
Pittsburgh, PA 15213

LAWRENCEVILLE/BLOOMFIELD MEALS ON WHEELS

Our Lady of the Angels Ministry Center Kitchen: (412) 687- 0831
204 37th Street Office: (412) 687- 0830
Pittsburgh, PA 15201
CONTACT: Joanne Kopec
SERVES: Lawrenceville, Bloomfield, Part of Stanton Heights, Lower Garfield

MCKEESPORT MEALS ON WHEELS

First United Methodist Church (412) 672- 1998
Versailles Avenue and Cornell Street
McKeesport, PA 15132
SERVES: McKeesport, Dravosburg, Versailles, White Oak, Coulter, Duquesne

MCKNIGHT MEALS ON WHEELS

Berkley Hills Lutheran Church, 517 Sangree Rd., (412) 487-4088
Pittsburgh, PA 15237
CONTACT: Pat Makris
SERVES: Part of Ross Township, (Berkeley Hills, Swan Acres), Part of McCandless Township

They provide home delivered meals for seniors. Volunteers are utilized for service, advocacy and in professional/board areas. Volunteers are needed to drive, deliver or assist in cooking. Volunteers should put in 2 hrs weekly or monthly. Number of volunteers needed: 6 in addition to present. Substitutes are needed for winter or summer.

Benefits include: Treat Yourself Today! Plunge into joy, love and service. Two yearly volunteer appreciation lunches held for recognition. Volunteer handbook and guidelines are available.

MILLVALE MEALS ON WHEELS

326 Lincoln Ave. (412) 821-3757
Pittsburgh, PA15209
CONTACT: Peg Bedel
SERVES: Millvale, Undercliff, Part of Etna, Part of Shaler Township

Home delivers hot lunches for homebound neighbors. Volunteers are needed in service and professional/board areas. Volunteers deliver meals - serve on steering committee. Volunteers should be able to drive and/or deliver meals to individual homes in service areas. There is a continuous need for drivers and delivery persons. The approximate amount of time spent on a delivery run is 1 hour. Clear directions are provided to make finding the diners very easy.

The personal fulfillment you will feel from their service is immense!! There is an annual RSVP volunteer luncheon for recognition. Volunteer handbook and guidelines are available.

MOLLIE'S MEALS (KOSHER MEALS)

200 JHF Drive (412) 421- 7616
Pittsburgh, PA 15217
SERVES: Allegheny County

MT. LEBANON MEALS ON WHEELS

LifeSpan, Inc. (412) 343- 650
Hillsdale Center Office hours: M-F 8:30 – 4:30
1444 Hillsdale Ave.
Pittsburgh, PA 15216
SERVES: Greentree, Part of McDonald (Allegheny County), Mt.. Lebanon, North Fayette, Oakdale

NATRONA HEIGHTS/HIGHLANDS AREA MEALS ON WHEELS

Faith Lutheran Church (724) 226- 3196
P.O. Box 395
1500 Broadview Boulevard
Natrona Heights, PA 15065
SERVES: Natrona, Natrona Heights, Brackenridge, Brackenridge Hieghts, Taretum, Creighton (serving days: Monday, Wednesday, Friday)

NORTH COUNTRY MEALS ON WHEELS

(724) 935-1877
3281 Wexford Road,
Gibsonia, PA 15044
CONTACT: Betty Anderson (Site Coordinator)
SERVES: Ingomar, Part of McCandless, Franklin Park, Bradford Woods, Valentia, Gibsonia, Warrendale, Wexford, Part of Richland Twp., Mars, Part of Cranberry, Bakerstown

They provide nourishing meals for shut-ins in North – Western Allegheny County. Volunteers are needed for help in the kitchen and for delivery of meals; M-F am. Volunteers should have a car- must have own transportation to crossroads Presbyterian Church (on 910). Unlimited number of volunteers is needed. Benefits include the mileage being tax deductible. There is a yearly volunteer luncheon for recognition. Volunteer handbook and guidelines are available.

PENN HILLS SENIOR CENTER

147 Jefferson Road (412) 244- 3408
Penn Hill, PA 15235
CONTACT: Phyllis or Tammy

PERRY RESERVE MEALS ON WHEEL

Benedictine Center
4530 Perrysville Ave., (412) 931-2010
Pittsburgh, PA 15229
CONTACT: Sister Norma Weigand (Site Manager)
SERVES: Part of Ross Township, Mt. Troy Area, Reserve Township, Upper Marshall Road Area, Observatory Hill, Perry Plaza, Steel Workers Tower, Perrysville Avenue

Agency prepares and delivers meals to senior citizens. Volunteers are needed as drivers, deliverers or kitchen help. Volunteers helping in the kitchen help to get the bags ready, put names on the bags, wash dishes etc. usually once a week (about 2 and half hour). Volunteers working as drivers or deliverers deliver meals to clients usually once a week (about 1 and a half hour) or once every other week. A few do it twice a week. Number of volunteers varies. Some work as substitutes.

Benefits include: Insurance for volunteers covering accidents. They have a luncheon at the site once a year

to thank the volunteers. Volunteers are also given a gift at Christmas time. Volunteer handbook and guidelines are available.

PITCAIRN MEALS ON WHEELS

St. Paul's Lutheran Church (412) 372- 9116
Agatha and Center Streets
Pitcairn, PA 15140
SERVES: Pitcairn, Levelgreen, Turtle Creek, Trafford

PLUM BORO MEALS ON WHEELS

Plum Senior Center (412) 795- 2339
499 center – New Texas Road
Pittsburgh, PA 15239
SERVES: Plum Boro

ROBINSON TOWNSHIP MEALS ON WHEELS

48 Division Street (412) 787- 2001
Pittsburgh, PA 15205
CONTACT: Joanne Betten
SERVES: Robinson Township (Allegheny County) Pennsbury

MAILING ADDRESS:

Robinson TWP. M.O.W
Mrs. Rosemary Koslow
8 Norfolk Drive
Coraopolis, PA 15108

SCOTT TOWNSHIP AREA MEALS ON WHEELS

C/o Covenant Community Presbyterian Church (412) 343- 8930
1630 Greentree Road
Pittsburgh, PA 15220
SERVES: Parts of Scott Township, Glendale (Foxcroft, Chartiers Terrace), Banksville (City-Side) of Greentree

SHALER-ROSS

Elfinwild United Presbyterian Church (412) 486-8000
3200 Mt Royal Blvd.,
Glenshaw, PA 15116
CONTACT: Marian Berberich
SERVES: Shaler Township, Part of Ross Township, Part of Etna

Agency provides meals to elderly, sick and homebound. Volunteers are needed to help prepare meals and deliver meals to clients. On the job training is given. Volunteers should put in 2-3 hrs each depending on assignment. 17 volunteers needed each day for kitchen and delivery. Greatest need is for people to deliver meals.

Benefits include insurance. Recognition given during volunteer luncheon. No handbook or guidelines available - Verbal training given.

SOUTH PARK AREA MEALS ON WHEELS

Grace Lutheran Church (412) 655- 2255
6810 Hilldale Dr.
Pittsburgh, PA 15236
CONTACT: Carol Reese (Site Coordinator)
SERVES: South Park, Part of Baldwin, Part of Jefferson, Part of Pleasant Hills, Library

SOUTH SIDE MEALS ON WHEELS

Carson Towers Box A
2117 Carson Street
Pittsburgh, PA 15203
SERVES: South Side

(412) 381- 3553

SPRINGDALE MEALS ON WHEELS

St. Mark's Lutheran Church
600 Pittsburgh Street
Springdale, PA 15144
CONTACT: Toni Edsel

(724) 274- 5313

SUBURBAN NORTH MEALS ON WHEELS

Donna Johnson, Adrienne Kahler
Parkwood Presbyterian Church, 4289 Mt Royal Blvd.,
Allison Park, PA 15101
SERVES: Allison Park, Hampton Twp, part of Richland, part of Ross and McCandless Twp.
Benefits are covered be Lutheran service society

(412) 486-7115

WEST VIEW MEALS ON WHEELS

North Hills UP Church, Bellevue & Chalfonte Ave.,
Pittsburgh, PA 15229
SERVES: West View, Part of Ross Twp, part of McCandless Twp

(412) 931-2155

THE LUTHERAN SERVICE SOCIETY

440 Lincoln Ave.,
Pittsburgh, PA 15202
CONTACT: Sylvia Lynn/ Maggie Mitro

(412) 734-9330

It is a meal site or center for senior citizens. Volunteers are required in service, advocacy and professional/board areas. Volunteers are needed in the kitchen, for data entry, filing and for exercising computers. Timings are M-F 9:00 a.m. to 4:00 p.m. Number of volunteers needed are 10. Necessary training is provided.
There is a luncheon for recognition. Volunteer handbook and guidelines are available.

NORTH HILLS HEALTH AND REHABILITATION CENTER

194 Swinderman Road
Wexford, PA 15090
CONTACT: Jane Goodwin

(724) 935-3781

It is a long-term care and rehabilitation center, Alzheimer Wing; 24 hour Intermediate and Skilled nursing care; Occupational, Physical, Speech and Recreational Therapy offered. Volunteers (individually or in groups) work with residents as: escorts to therapy, beauty shop, or on outings; fill water pitchers; dining room assistance; beauty hour; laundry; crafts; recreational activities (bingo, cards, games, parties, and special events); pet visits; visiting; sewing; reading; newsletter mailing. Minimum age is 14 years.
Benefits: Purchase lunch for 2.50 and dinner for 2.00

MAGEE – WOMEN’S HOSPITAL

300 Halket Street
Pittsburgh, PA 15217
CONTACT: Robin Lebovitz (Director)

(412) 641- 4185

Magee – Women’s Hospital is a hospital focused on the care of women and infants. There are also services for men in the surgery areas – generally surgery and ortho. They have a neonatal intensive care unit. Volunteers are used in several areas: at the information desk, as discharge volunteers, in surgical services, in departments to help with office work etc. They also have a summer junior volunteer program for students 14-17 years old. Volunteers need to fill out an application, receive a TB test, attend an orientation and volunteer 3-4 hours per week.

Benefits include free meal tickets and parking on the day they volunteer. There is also an annual volunteer recognition event. Volunteer handbook and guidelines are available.

M.A.N.Y (Mid Atlantic Network of Youth & Family Services)

135 Cumberland Road #201

(412) 366-6562

Pittsburgh, PA 15237

CONTACT: Terri Richardson

E-mail: terri@manynet.org

M.A.N.Y. is a resource on the topic of Runaway and Homeless Youth. It provides training and technical assistance to youth services programs. Volunteers are needed for clerical support during the daytime business hours. Number of volunteers needed is 1

MEDI HOME HOSPICE

2400 Darlington Road,

(724) 846- 8045

Beaver Falls, PA 15010

CONTACT: Barb Streatly

Medi Home Hospice provides medical, spiritual and social care to end of life patients and their families. Volunteers are needed for direct care of patients, for the office work, as bereavement support, for making a memory bear and for community projects. Training is provided to the volunteers according to the type of work. Unlimited number of volunteers needed.

There is an annual dinner for recognition. Volunteer handbook and guidelines are provided at the beginning of the training.

MERCY HOSPITAL OF PITTSBURGH

1400 Locust Street

(412) 232- 8081

Pittsburgh, PA 15219

CONTACT: Sister Joanne Madden or Donna Shivers

It is an acute care hospital. Volunteer assignments include various clerical and patient related services. There are also gift shop related opportunities. Volunteers should have organizational skills, good communication skills, ability to relate to others in a positive manner (Customer Service). They should possess high school or college education. Hours and duties vary. An interview is required before one can volunteer. The number of volunteers required varies. They prefer people who will volunteer weekly.

Benefits include parking validation and meal tickets (requires 4 hours of service). There is an annual recognition luncheon. Volunteer handbook and guidelines are available.

MYASTHENIA GRAVIS ASSOCIATION OF WESTERN PA, INC.

1515 Locust Street, Suite 709

(412) 566-1545

Pittsburgh, PA 15219

CONTACT: Carol E. Lynn (Executive Director)

E-mail: mgaoffice@mgawpa.org

Website: www.mgawpa.org

MGA is an agency assisting those with myasthenia gravis. Volunteers are needed for service and as members of professional/board. Volunteers are needed for office work; filing, copying etc., mailing help, newsletters. They are also needed at fundraising events. Computer skills in a volunteer are a plus. Hours are flexible.

Benefits include parking/lunch reimbursement of \$5.00 for volunteers working at least 4 hours.

NATIONAL AVIARY IN PITTSBURGH

Allegheny Commons West
Pittsburgh, PA 15212

(412) 323-7235 ext 208
9:00 A.M. - 4:30 P.M

CONTACT: Kelly Pollard (Volunteer Coordinator, Avian Trainer)

E-mail: Kelly.pollard@aviary.org

Website: <http://www.aviary.org>

The National Aviary is an indoor bird facility. It is home to 400 birds of 165 exotic species from around the world. Both entertainment and education are provided through guided tours and special programs. Volunteers aid staff in daily husbandry of birds (i.e. cleaning cages, feeding, washing dishes). They also act as tour guides, and exhibit interpreters. Volunteers must complete 120 hrs/ yr, attend at least 6/12 monthly meetings and be 18 years of age or older. For more information visit <http://www.aviary.org> and fill out online volunteer application to be considered for a position. For scheduling a speaker or program contact Dana Krepper at (412) 323-7235 ext 209.

Benefits include free admission to the Aviary, satisfaction of a good job; knowledge gained by volunteering. Volunteering handbook and guidelines are available.

NORTH HILLS ART CENTER

3432 Babcock Blvd
Pittsburgh, PA 15237

(412) 364-3622
11:00 A.M.-4:00 P.M. M-Sat

CONTACT: Kim Stierheim

E-mail: office@northhillsartcenter.com

Website: www.northhillsartcenter.com

It is a non-profit art center offering art classes and art shows. Volunteers are needed for service and as members of professional/board. Volunteer assignments include office work for occasional Saturdays, clerical duties and hospitality event set-up committee. The office manager will train the volunteers for about 15 mins.

Benefits include free 1 year membership to volunteers volunteering for 40 hrs. Recognition will be provided in the brochure. Volunteer handbook and guidelines are available from their office. For more information visit www.northhillsartcenter.com.

NORTH HILLS COMMUNITY OUTREACH

1975 Ferguson Road
Allison Park, PA 15101

(412) 487-6316

CONTACT: Ginny Giles

Website: www.nhco.org

NHCO depends on its volunteers to help carry out their motto of "People Helping People". Volunteer opportunities include: receptionist, administrative/clerical support, fundraising, data entry, school projects, human resources, attorney, lead volunteers, speakers bureau, faith in action, bus drivers and youth volunteers.

NORTH HILLS YOUTH MINISTRY COUNSELING CENTER

802 McKnight Park Drive
Pittsburgh, PA 15237

(412) 366-1300

CONTACT: Denise Patsko, director of community development

E-mail: nhym@nhymcc.org

Website: www.nhymcc.org

NHYM provides counseling and educational services for children, youth, parents and families. It provides individual, family, young adult and marital counseling. There are parenting workshops and discussion group. Tutoring is available for clients. They need volunteers for tutoring/mentoring individuals for the clients and their families (once a week); phone answering in office (once a week); bulk mailing volunteers to assemble and label mailings (6-8 times a year); book sale volunteers (one week/yr. to sell books, or a volunteer to pick up books throughout the year); volunteer coordinator; someone to put donated items on e-bay and sell them and ship them for agency (once a week or so). Volunteers engaged in tutoring/mentoring should have experience with children – Act 33/34 clearance required. Clerical volunteers are required to work 9-4 M-F for 3-4 hours a week. For bulk mailing, volunteers should work 9:30-2:30 about 6-8 times a year on Thursdays or Fridays usually. Book sale volunteers’ work for first full week of June for 4-1/2 hr. shift a day or as a volunteer to pick-up books throughout the year (they should have the ability to lift 20 lbs.) Volunteers should have familiarity with e-bay. For other volunteer opportunities visit www.nhymcc.org.

Benefits include friendship and fellowship with other volunteers and staff. Volunteer handbook and guidelines are available depending on the volunteer job.

NORTH SUBURBAN ADULT SERVICE (NSAS)

P.O. Box 4167
Pittsburgh, PA 15202

(412) 734-2090
9:00 A.M.-3:00P.M. M-Th

MAILING ADDRESS:

629 Lincoln Ave.
Pittsburgh, PA 15202

LOCATION: Corner of Caufornia Ave and Home Ave
Avalon, PA 15202

CONTACT: Maureen Newcamp/Bruce Berringer

It is a senior center. Lunch is served Monday to Thursday. They have activities in the center and some outside trips. Volunteers help set up for lunch, serve, cook or bake. They help with card parties, Bingo, Men’s Breakfast. They socialize, interact with seniors. Volunteers are also needed as van drivers. Speakers are also needed. Overall volunteers help with socials or parties Mon-Thurs 9 am to 3 pm. Volunteers working as van drivers should have a valid driver’s license. They should like to work with seniors. 1-3 volunteers are needed Mon-Thurs.

Free lunch is provided to the volunteers on the day they volunteer.

NORTHLAND PUBLIC LIBRARY

300 Cumberland Road
Pittsburgh, PA 15237

(412) 366-8100

CONTACT: Pat McCarthy

Winter Hours 9:00A.M.-9:00 P.M. M-F
10:00 A.M.-5:00 P.M. Sat.; 1:00P.M.-5:00 P.M.
Summer-closed Fri. eve. And Sun.

There are many varied and new opportunities for volunteers from whom to choose, some of which include: lap sitters for pre-school story hours, clerical duties within the departments, craft projects, Braille transcription, cassette tape recording, magazine room, book sales, book totters, for nursing homes, ride-to-

library, Books-By-Mail, research projects, publicity, public relations, fund-raising, data entry, and teacher at Microcomputer Resource Center. Volunteers should be 14 or older. Students required for community service. Approximately 300 volunteers are needed.

Benefits are provided for active volunteers through an organized volunteer program. Recognition events are held periodically.

NORTHSIDE COMMON MINISTRIES

P.O. Box 99861

(412) 323-1163

Pittsburgh, PA 15233

CONTACT: Renee Hill

Pleasant Valley Shelter (hours 7:00 PM-7:00 AM): offers food, shelter and supportive services to homeless men. It also acts as an emergency food source when Food Pantry is not open. Volunteers cook and serve hot evening meals, work with self-help groups during daylight hours, maintain and repair building during weekend hours. Volunteers also assist Counselor and Shelter Director as needed.

Community Food Pantry (hours 9:00-3:00 M &T): offers food and supportive services to families, single men, women and senior citizens two days a week. Pantry helps pack and sort grocery items, coordinate records of clients, load/unload trucks and vans, and assist Pantry Director as needed.

Administrative Office (hours 8:00-4:00 PM): offers referral service when Pantry and Shelter are not available. Volunteers are needed who have some clerical skills and background. Board members are also needed for 1/2/3 year terms.

Recognition includes a yearly appreciation dinner, gifts, and periodic certificates of appreciation.

ODYSSEY HEALTHCARE

Park One West, Suite 500

800- 861- 8584

Pittsburgh, PA 15275

CONTACT: Barbara C. Coulter

E-mail: bcoulter@odsyhealth.com

Volunteer assignments include companion volunteers who provide support and companionship to hospice patients either in their home or in a nursing facility. They should offer to read to a patient, play music, hold a hand, give a hug or simply talk and listen. Volunteers also needed for administrative help in Odyssey office in Robinson. Volunteers also needed for music therapy, pet therapy and craft volunteers. Volunteers should be 18 years or over and should attend a 3 hour orientation. State of PA requires a TB screening that Odyssey will pay for. Large number of volunteer needed.

Benefits include knowing that you have helped someone on their final journey. Volunteers are invited to all company functions. Volunteer handbook provided during orientation.

ParentWISE INC.

409 Coulter Ave, Suite 2

(724) 837-5410

Greensburg, PA 15601

(800) 544 -0227

CONTACT: Julie Cawoski (Executive Director)

E-mail: pwise@parentwiseinc.com

Website: www.parentwiseinc.com

ParentWISE Inc. is dedicated to improving families and communities by promoting wisdom, insight, support and encouragement. They offer family education and support, organizational training, after school enrichment, community development, Bee Kind presentations. Volunteers are needed in service, advocacy and professional/board areas. Volunteers' assignments include; board member, group facilitator, after school mentor, childcare, presenter and clerical. Act 33/34 clearances required for volunteers. Some opportunities are school-year related. Some activities require working in the evenings and on weekends. Volunteers should have good communication skills. Unlimited number of volunteers is required. They

accept internships, community service and practicums as well. Recognition is provided on an ongoing basis. Letters of recommendations and certificates are provided. Volunteer handbook and guidelines are available.

PITTSBURGH CHILDREN'S MUSEUM

10 Children's Way
Pittsburgh, PA 15212

CONTACT: Bethany Shaw

E-mail: bshaw@pittsburghkids.org

Website: www.pittsburghkids.org

(412) 322-5058 (x229)
10:00 A.M.-5:00 P.M. M-Sat
12:00 P.M.-5:00 P.M. Sun

It is an interactive arts and science museum for children. Unless specified otherwise, please contact Bethany Shaw. Volunteers help in different areas:

Museum Educator Volunteer – Volunteers work closely with trained museum educators on the floor who are primarily responsible for sharing information, special programs, and worthwhile experiences with visitors. Being part of the floor personnel you will play, create, discover, and grow with visitors! They are also responsible for keeping the museum stocked with supplies and inviting visitors through exhibit spaces throughout the day. Opportunities are available Monday through Saturday 10 am – 5 pm; and Sunday from 12 pm – 5 pm.

Birthday Party Helper – Help create the fun for a child's birthday party! Volunteers help decorate birthday party room, set up food and play games with children. Opportunities are available on weekends. Contact Jen Scanlon, Birthday Party Coordinator, at (412) 322-5058 ext. 202, or e-mail at jscanlon@pittsburghkids.org.

Activities and Programs Volunteer – Have any special talent that you would like to share with the public? If you have experiences in the arts, theater, or sciences, we are looking for extra exciting ideas to use on the floor with our visitors. Contact Bethany Shaw, at the general number.

Office Assistants – These volunteers help behind the scenes and help with administrative tasks, mailings, board reports, and sorting of files in large numbers. Opportunities are available Monday – Friday.

Workshop Specialist Volunteer – Working in the Garage/Workshop and assisting visitors with wood working related material is part of this responsibility. This place allows for creative and wide use of recycled materials.

Outreach Assistants – The Museum participates in many outreach projects with various organizations around Pittsburgh. Assistance is needed with child related projects, crafts, and performances offsite. Events may include: 3 Rivers Arts Festival, First Night, Home Show, Kennywood Park, aviary, and various festivals or school visits. Dates and Times vary. Contact Tara Fields, Outreach Manager, at (412) 322-5058 ext. 244, or e-mail at tfields@pittsburghkids.org.

Early Childhood Specialist Assistant – Volunteers work with early childhood specialist, in the following areas: *Nursery Exhibit* and *Tuesday Tot Time Classes*. Both are programs for children ages 18 months to 3 years. Contact Yvonne Atkinson, Child Development specialist, at (412) 322-5058 ext. 213, or e-mail at yatkinson@pittsburghkids.org.

PITTSBURGH INTERNATIONAL CHILDREN'S THEATER

182 Allegheny Center Mall
Pittsburgh, PA 15212

CONTACT: Andie Markijohn

E-mail: marketing@pghkids.org

Website: www.pghkids.org

(412) 321-5520

They are a provider of professional theater for children and families at affordable prices in convenient neighborhood locations. Volunteers needed for both service and as members of professional/board. Volunteers are needed for assisting with performances by taking tickets, ushering; helping at May children's festival with tickets, ushering, crafts; office work and more. No minimum requirements, just a willingness to pitch in! For FS shows up to 6 volunteers needed per performance. During festivals - 100 volunteers or more are needed. Recognition includes working on a special "volunteer day" at a local event. Volunteer

handbook and guidelines are available. For more information visit www.pghkids.org
Benefits include free attendance at performances. Festival volunteers get T-shirts & water/coffee, snacks.

PRIORITY TWO

P.O. Box 425
Warrendale, PA 15086
CONTACT: Don Presley
E-mail: office@ptwo.org
Website: www.ptwo.org

(724) 935-0252

Provide training and support in job search techniques. They have classes and workshops for unemployed or people going through job and career transition. Volunteers are needed for presenting teachers for job skill classes and advanced job skill seminars. Volunteers are required to have strong communication skills. They are needed one or more times a month from 5 PM to 6:30 PM or from 7 PM to 9:30 PM. There are about 35 to 40 volunteers.

There are alumni dinners for recognition.

RIVERSIDE COMMUNITY CORRECTIONS CENTER

915 Ridge Ave.
Pittsburgh, PA15212
CONTACT: Pat Malloy, Director

(412) 322-6806
9:00 A.M.-5:00 P.M.

Work with males, ages 18-70, which are near the end of their criminal sentence. They live in the Center of the last year or less of their sentence. Volunteers help with job hunting, teaching reading/math, clerical work, parenting classes. Must be over 18 years old and able to deal with adult males objectively. Hours are flexible. Certificate of hours is given.

ROSS/WESTVIEW EMERGENCY MEDICAL SERVICE

5325 Perry Highway
Pittsburgh, PA 15229
CONTACT: Jennifer Swab (Training Coordinator)

(412)931-8200 x 108

They provide emergency medical services. Volunteers are utilized for EMT and Paramedic service. Volunteers should have medical skills. 160 hr training for EMT and 1500+ hrs training for paramedic is provided. Volunteers are needed 24 hrs a month. Unlimited number of volunteers is needed.

Benefits include training and uniforms at no cost to the volunteers. Recognition is given by gifting a clock to volunteers who have worked for 5 yrs and a ring to those who have worked for 10 yrs. Volunteer handbook and guidelines are available.

SALVATION ARMY EMERGENCY DISASTER SERVICES

825 Parish Street
Pittsburgh, PA 15221
CONTACT: Robert Myers (Director)

(412) 922-4808
9:00 A.M.-4:00 P.M.

They respond to emergency disaster situations to provide mobile feeding, shelter and other assistance to relief workers and victims. Volunteer needs and assignments are quite varied. Individuals should call for more details. Hours are flexible. Skill requirements vary. Those skilled in hands-on tasks such as carpentry, mechanics, etc. are always welcome. Training courses are given. Volunteers are needed throughout the North Hills, Southern Butler County and all of the Allegheny County area.

Uniforms are provided, as well as meals on assignment. Recognition: Awards, Reward point program, and annual events.

SEVITZ JEWISH HOSPICE

200 JHF Drive
Pittsburgh, PA 15217

(412) 422- 5700

CONTACT: Barbara Milch
E-mail: bmilch@jaapgh.org

Volunteers provide company for patients, respite for care givers and provide socialization. 5 volunteers required. No prior experience necessary. Volunteering can change your life and someone else's.

Benefits include gas reimbursement and some meals. Volunteer handbook and guidelines are available.

SEWICKLEY VALLEY HOSPITAL

720 Blackburn Road
Sewickley, PA 15143

(412) 749-7052

Office hours: 8:30 AM-5 PM

CONTACT: Irene Dailey (Director Volunteer & Communication Services)

Hospital: 24 hours/ 7 days

E-mail: idailey@hvhs.org

It is an acute care community hospital. Number of volunteers varies. Volunteer services include gift shop, clerical tasks, patient aide, escort, public contact and computer entry. Volunteers' requirements vary per area and per assignment. All discussed at the time of interview. Student vols- summer only. Minimum age should be 14 by June 1st. 50 hr min summer condition. All volunteers must complete an interview and reference checks prior to acceptance. Volunteers must purchase a uniform for \$15.

Benefits include free parking, meal courtesy of \$4.00/ min of 4 hours in one day, free flu shots as available, courtesy health entry processing and various other discounts as available. Volunteer handbook and guidelines are available.

ST. JOHN SPECIALTY CARE CENTER

500 Wittenberg Way
Mars, PA 16046

(724) 625-4756

CONTACT: Ruth Pfeifer

ST. John Specialty care center is a nursing home. Volunteer assignments include assisting with resident activities and clerical. Hours can vary with availability. Volunteers needed on an ongoing basis. Recognition is provided through award banquets, twice per year. Volunteer handbook and guidelines are available.

THE WATSON INSTITUTE

301 Camp Meeting Road
Sewickley, PA 15143

(412) 749-2862

CONTACT: Jennifer Harlan

E-mail: jenniferh@thewatsoninstitute.org

Agency provides opportunity to children with disabilities. Volunteer are required for the families. A care break is a gift of time and energy. The volunteer spends 2-4 hours once a week with a child with a disability to give the parents a break or respite from childcare. Volunteers should spend a time of 2-4 hours a week for a six month time period. Training is given to the volunteers.

Recognition includes volunteer gatherings and nominations for appropriate awards.

THREE RIVERS CENTER FOR INDEPENDENT LIVING

900 Rebecca Avenue
Pittsburgh, PA 15221

(412) 371-7700

CONTACT: Amy Donnelly (Public Relations Specialist)
E-mail: adonelly@TRCIL.org

It is a non profit agency. Volunteers are needed for clerical works (such as faxing, copying, making phone calls, etc.), maintenance work (like painting, cleaning, yard work and other minor repairs) and for special projects/events. Volunteers are required to work flexible hours/days. No prior experience is needed. Training is provided as required. There is an annual recognition luncheon and certificates are provided. Lunch is provided (\$5 per 8 hrs worked). Number of volunteers needed is 5+. Volunteer handbook is available.

TOGETHER FOR RETARDED YOUTH INC

P.O. Box 40 (724) 935-4910
Wexford, PA 15090
CONTACT: Margaret Tollerton
E-mail: trying@nauticom.net

Provides social and recreation activities for mentally handicapped – ages 13 and up. Volunteers interact with the clientele. Volunteers must be teens or adults. Approximately 100 volunteers are needed. Volunteer brochures are available.

TOWN OF MCCANDLESS

- McCANDLESS POLICE BLOCK PARENT PROGRAM:

9955 Grubbs Road (412) 364-0616
Wexford, PA 15090
CONTACT: Lt. Don O'Connor
E-mail: mccandless234@hotmail.com

Volunteers provide “safe places” for grade school aged children. Volunteers are required to pass criminal history background check and have to display a sign in the window of their home. They receive around 250 applicants annually. Volunteers solicited through mailings sent home to parents of McCandless grade school children. The guidelines are printed on the Block Parent Poster.

-MUNICIPAL GOVERNMENT:

9955 Grubbs Road (412)-364-0616 (x115)
Wexford, PA 15090 Office hours: 9:00 AM-5:00 PM
CONTACT: Daniel E. Stack

Volunteers work is fire companies. They serve as volunteer fireman or serve on board of one of the authorities. Fire companies also need clerical help. Volunteers are interested citizens, engineers, attorneys, architects. They may attend board meetings.

TRINITY HOSPICE

2020 Ardmore Blvd, Suite 210 (412) 351- 4494
Pittsburgh, PA 15221 1- 888- 937- 8088
CONTACT: Deborah A. Scott (Director of Volunteer Services)
E-mail: Deborah.Scott@trinityhospice.com

Trinity Hospice is a community-based organization that affirms the belief that it is important to make every life as meaning as possible, from the first day of a life threatening illness to the last. People usually have 6 months left to live. Volunteer assignments include visiting patients in their homes, or facilities; sing or read to patients; play bingo, cards or board games; read Bible. Administrative volunteers help with special

projects in the office and help with memorial service. Volunteers should be 16 years or older. They undergo a training program. Volunteers needed on an ongoing basis depending on area. The office is in Forest Hills but they have patients in a 50 mile radius from the office.

Benefits include making a positive difference in someone's life. Recognition is given during volunteer appreciation lunch/dinner, notification provided to local newspaper and thank you's are sent. There is a training book.

TOWN OF McCANDLESS VOLUNTEER FIRE AND RESCUE SERVICE

---Highland volunteer fire department

Allegheny County Station #186

www.HighlandFires.org

8705 Harold Place
Pittsburgh, PA 15237

(412) 366- 3473

The fire station houses a total of four pieces of fire apparatus. One of those pieces is a 105 ft. Ladder tower. This piece is very important because of its ability to reach the tops of all the high-rise buildings in the Town and the surrounding communities. They conduct trainings every Tuesday evening from 7:00 pm till approximately 9:00 pm. They have a business meeting every third Tuesday of the month, where if you were interested in becoming a firefighter, you could join at that time.

---Ingomar volunteer fire department

Allegheny County Station #187

www.IngomarFire.org

Main Headquarters
9695 Harmony Dr.
Pittsburgh, PA 15237

(412) 364 - 3571

Other Station: top of Pine Creek hill on Route 19, going north towards Wexford.

The main station houses a total of four pieces of apparatus. One of those pieces is a mobile command center that also has rescue tools (the Jaws of Life) and a cascade system that fills the air tanks that fire fighters wear in a fire. The "Sub-Station" located on the hill has two pieces of apparatus, one 75' ladder truck and one light rescue truck that has the "Jaws of Life" on it. They meet every Tuesday to conduct a training drill. They have a business meeting every third Tuesday of the month where they swear in any new firefighters. If you would like to join, and any of these two stations are near your house, please give them a call, or stop by any Tuesday evening.

---Peebles volunteer fire department

Allegheny County Station #188

www.PeeblesFire.org

1391 Duncan Ave
Pittsburgh, PA 15237

(412) 364 - 2112

This station houses a total of four pieces of apparatus. They have matching twin engines, one of which is also a heavy rescue truck. This truck is equipped with all of the heavy rescue tools and equipment. They also have a 1998 Ford pick-up that is used for moving manpower and equipment. The final piece is a 1953 Mack convertible engine that is still in service, but is mostly used for public service details, like parades. They, as all the other companies, meet on Tuesday evenings for a training drill, and their business meeting is every third Tuesday of the month.

It is very important for the young men and women to join the fire companies, so that the youth is kept within

the fire service. This way the “tricks of the trade” and techniques can be passed along to the new generation. The Town of McCandless has started a program called “Project Step-Up”, which is to create a new generation of fire service volunteers. Over the past few years, the number of fire and rescue calls has increased drastically, while the number of new recruits has actually decreased in number. Volunteer firefighters are in short supply. We are here urging the public to “Step-Up” and help your community as a firefighter, or as a non-firefighter. Non-firefighters are in demand as well. The fire companies need someone to type letters, help with the fund drive, balancing checkbooks, property and vehicle maintenance, and fire prevention details for the public. As a reward for their duties the Town of McCandless sponsors a golf outing that is for the volunteers every year. They also treat the families of the volunteers to a Kennywood day, and at the end of the year, there is an appreciation dinner banquet to show the volunteers that they are very important to the community.

The heat is still on! Step-up. Get involved, and be rewarded in the knowledge that you will be part of an elite crew that provides a vital service to the Town and its residents. We hope to see you someday. For more information on the fire stations or becoming a volunteer firefighter, contact Daniel Stack, Fire Marshal for the Town of McCandless at (412) 364-0616 ext. 115.

BRADFORD WOODS VOLUNTEER FIRE COMPANY

P.O. Box 143

(724) 935- 2604

Bradford Woods, PA 15015

CONTACT: Mike Slater (Chief)

E-mail: BWVFC@zoominternet.net

This is a volunteer fire company. Volunteers work as fire fighters. Volunteer requirements include attending 105 hours of Pennsylvania Fire fighter school and 6 hours per month drills. Benefits include insurance coverage while fire fighting. 20 volunteers needed. Must be a resident of Bradford Woods Borough.

VOLUNTEER FIRE DEPARTMENTS

Groups of local homeowners and residents who safeguard the lives and properties of their neighbors by responding to various emergency and non-emergency situations in their communities. Volunteers must be at least 18 years of age and have a high school GED. Formal training is given by the fire department, as required, to new members. Additional classes are required to meet state regulations or to handle new apparatus. For additional information the following BUSINESS numbers should be contacted:

Franklin Park	364-5377
Marshall	935-1230
Berkeley Hills	366-2910
Fairview	761-3371
Keating	931-2447
Laurel Gardens	366-3332
Perrysville	366-2782
Quaill	366-2782
Seville	766-1440

UPMC PASSAVANT HOSPITAL

9100 Babcock Blvd.

(412) 367-6581

Pittsburgh, PA .15237

Office hours: 8 AM-5 PM

CONTACT: Diane Gloor (Director, Volunteer services)

E-mail: gloorde@ph.upmc.edu

UPMC is a healthcare agency. Volunteer assignments are in different departments ranging from clerical to patient care. Requirements vary depending on the job.

Benefits include meal allowance and student scholarship. There is an annual luncheon for recognition. Reference letters provided for volunteers who work more than 50 hrs. No volunteer handbook and guideline available.

UPMC SHADYSIDE

5230 Center Ave.

Pittsburgh, PA 15232

CONTACT: Anna Olszewski

E-mail: olszewskiac@upmc.edu

(412) 623- 2017

It is a healthcare agency. There are more than 50 different assignments to support hospital patients, visitors and employees. Volunteers can work as few as 1 hour/month. All skills and education levels are accepted. Training is provided as needed. Unlimited number of volunteers needed.

Benefits include free meal with 4 hours daily service, free parking or bus tickets, free flu shots, free accident and liability coverage. Recognition is provided through volunteer recognition luncheon, service awards and outstanding volunteer award. They also send birthday and anniversary cards to volunteers. Volunteer handbook and guidelines are available.

UPMC ST. MARGARET HOSPITAL

815 Freeport Rd

Pittsburgh, PA 15215

CONTACT: Iris Douglas

E-mail: arndti@upmc.edu

(412) 784 - 4081

M-Sun: 8:00 A.M.-4:00 P.M

Volunteers provide supplemental services to staff in clinical and non-clinical areas. Examples of positions include clerical support, patient transport via wheelchair, receptionist. Volunteer requirements vary depending on the assignment.

Benefits include; complimentary parking, meal, TB test and flu shots. Recognition is provided on an ongoing basis. There is also an annual recognition dinner. Volunteer handbook and guidelines are available.

URBAN LEAGUE OF PITTSBURGH, INC. – DCMF

222 W. Grant Avenue

Duquesne, PA 15110

CONTACT: Lori Rue (Duquesne)

Val Chavis

E-mail : dcmp222@hotmail.com

412-469-0484

A program of the Urban League of Greater Pittsburgh, the Duquesne Community Mobilization Project is based on the Dept of Family Growth and Child Development. Volunteers act as mentors, tutors, career mentors, career exploration presenters, chaperones on field trips. Volunteers should be able to work 4 hrs/week and have Act 33/34 Clearances. 2-3 volunteers needed per month.

Volunteers are given a yearly recognition in June. Volunteer handbook and guidelines are available.

VALENCIA WOODS AND THE ARBORS AT ST. BARNABAS

85 Charity Place

Valencia, PA 16059

CONTACT: Whitney Wiegand

E-mail: valenciawoods@st.barnabas

(724) 625-4000

Everyday, Any time

This is a nursing home and assisted living facility all under same roof. Volunteers are needed to help with recreational programs. Credit for community service hours is given.

VINCENTIAN HOME

(412) 366 -5600

111 Perrymont Road
Pittsburgh, PA 15237

CONTACT: Marleen Dean (Activity Director)

It is a long-term care nursing home. Volunteers run an activity program, friendly visitor, escort to/from church on Sunday or daily activities, assist with computer club on Thursdays 1:30-3:30, and help with Thursday night Bingo 6:30-8:30. Volunteers should show compassion and dedication. Number of volunteers required varies with the assignments.

Benefits include free parking and free meal. There is a yearly banquet for recognition. 1 hr In-service education provided for volunteers.

VINCENTIAN REGENCY

9399 Babcock Blvd.
Allison Park, PA 15101

(412) 366-8540

CONTACT: Denise M. Calkins

It is a nursing home. Volunteers are required for visitation and escorts. Volunteers should be 13 years or older. Recognition is provided during Spring Volunteer Recognition Lunch and Christmas Brunch. New volunteers are always needed. Volunteer handbook and guidelines are available.

VOLUNTEER OPPORTUNITIES AT THE LUTHERAN SERVICE SOCIETY

440 Lincoln Ave.,
Pittsburgh, PA 15202

(412) 734-9330

CONTACT: Sylvia K. Lynn

E-mail: slynn@lsswpa.org

Meals on Wheels

The Lutheran Service Society consists of 77 kitchens in 14 counties in PA, OH, WV. All kitchens need drivers, deliverers (to deliver the meals to clients) and Kitchen Helpers. Also need Steering committees, shoppers etc.

Seniornet: Computer classes for people 50 and over taught by volunteers. Volunteers are teachers and coaches.

Silver Sneakers Stars: Assist with management of exercise program. Volunteers help with record keeping and event planning.

Senior Centers: Assist with meal service and clean up. Volunteers assist with activities.

APPRISE: Train to be counselor for those with questions about insurance and medicare.

Clerical/newsletter/mailings: Assist with data entry, receptionist, clerical work, preparing newsletters for mailings, and assemble regular mailings.

WEXFORD HOUSE NURSING CENTER

9850 Old Perry Highway
Wexford, PA 15090

(412) 366-7900 ext. 111

CONTACT: Craig Silberger (Activities director)

E-mail: csilberger@comcast.net

Volunteer assignments include escorting, program help, and visits. Minimum age of volunteers is 16 years. Benefits include free lunch. There is also a volunteer month. Volunteer handbook and guidelines are available.

WOMEN'S CENTER AND SHELTER

P.O. Box 9024

Pittsburgh, PA15222-2102

CONTACT: Paulette Bonado

(412) 687-8005

The agency cares for women and children who are victims of domestic violence. There are 100 volunteers with jobs such as hotline workers; child care assistants; accompany women to court; public speaking; support group facilitation; legal advocates; and members of Speakers Bureau. Hours and requirements vary according to the job. Fifty hours training except for clerical and house organizer. Volunteers are needed 2-3 hours a week regularly.

There is an annual dinner with entertainment by the staff as volunteer recognition.