



Northland News

A Publication of
Northland Public Library

March 2010

TAX PREPARATION ASSISTANCE AVAILABLE

Northland Library offers senior citizens and low-income residents free assistance in preparing federal and state tax forms. This service is available on Tuesdays and Thursdays from 9:00am to noon through April 15. Help is offered on a first-come, first-served basis, and we cannot guarantee that everyone needing assistance can be accommodated on any given day. A signup sheet will be available outside the lower entrance of the library prior to opening on days that the service is offered. Please make sure to bring all necessary paperwork needed to prepare the forms.

WRITING AS A SPIRITUAL JOURNEY

Former professor of world religions and art history Madhu Wangu returns to the library to lead a monthly writers group that will focus on putting deeply-felt emotions and experiences into words. Dr. Wangu feels that such writings have beneficial results for both the writer and the eventual reader.

If you enjoy writing, turning your thoughts into words, and learning from other writers' experiences, join us on Thursday, March 4 at 7:00pm for our initial group program. No advance registration is required.

TEAS AROUND THE WORLD

Following a trip to Shanghai, lifelong tea drinker Danielle Spinola dreamed of starting an Asian-inspired tea business. That dream has become a reality, as Danielle's Tupelo Honey Teas combines her love of, and research into, the world of black, green and herbal teas, many of which are organic.

Join us on Thursday, March 18 at 7:00pm to learn more about the satisfying and healthful properties of tea, and sample some of Tupelo Honey Tea's products. You can register for this program on the library website at www.northlandlibrary.org, or by calling the adult services reference desk at 412-366-8100, extension 113.

DINING WITH DIABETES

Diabetes can be both a serious and costly disease. However, many people with diabetes learn to live and cope with it by managing their blood sugar levels with medication, good nutrition, and a healthy lifestyle, all of which lower the risk of complications.

Registered dietician Cindy Javor will conduct a four-week series on Dining with Diabetes, on Monday, March 8, 15, 22, and 29 at 1:00pm. Cindy will demonstrate how to prepare meals that are healthy, simple and tasty. Participants will have the chance to prepare some of these meals themselves as part of this program.

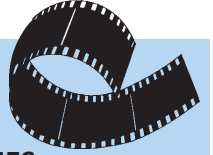
There is a fee of \$30 per person or \$50 per couple for this series, which is payable on registration. Some insurance carriers will pay for part or all of the cost. To register, please stop at the adult services reference desk, or for more information call Jane Jubb at 412-366-8100, extension 110.

DON'T TOSS MY MEMORIES IN THE TRASH

Many people find it difficult both physically and emotionally when confronted with the prospect of moving to smaller living quarters. Families are often at a loss in assisting them. Professional organizer Vickie Dellaquila will offer valuable tips on organizing, downsizing and moving in an informative program on Wednesday, March 24 at 7:00pm.

Vickie will demonstrate how to "de-clutter", organize, and decide what to keep and what to discard. Whether you are considering a move, or just need to make some good decisions about your belongings, this program will provide valuable help. You may register online on the library website at www.northlandlibrary.org or by calling the adult services reference desk at 412-366-8100, extension 113.

Film Series at Northland



FOREIGN FILM SERIES

Our feature presentation this month is a drama from Germany and Turkey, *The Edge of Heaven*. It was to have been shown in February, but was postponed due to weather conditions. It will now be shown on Wednesday, March 10 at 2:00pm. The film is made up of three overlapping stories of love, tragedy, and forgiveness, as relatives of a recently deceased person fulfill the wishes of the departed while trying to put their own lives back in order. No reservation is required and refreshments will be served.

TRAVEL FILM SERIES

It's off to Denmark this month at our Travel Film Series presentation on Wednesday, March 17 at 2:00pm. Stops include Copenhagen, a city of many canals, where we'll take a boat ride and visit many landmarks, including the famous Little Mermaid statue. Also on the agenda is a stop in Odense, where you will see Hans Christian Anderson's house, and Legoland, one of the top children's stops in Scandinavia where many of the attractions are made out of legos. No reservation is necessary for this program.

DOCUMENTARY FILM SERIES

This month's film takes a fascinating look inside a New York City ballroom dancing program for fifth graders. *Mad Hot Ballroom*, will be shown on Wednesday, March 24 at 2:00pm. Come and see what Rolling Stone Magazine says is a film where "watching the children strut their stuff in the final completion is enough to make you stand up and cheer." No reservation is required.

LIBRARY SCHEDULE

Sunday	1:00pm - 5:00pm
Monday through Friday	9:00am - 9:00pm
Saturday	9:00am - 5:00pm

BOOKMOBILE SERVICE

Fridays	3:30pm - 4:30pm
Marshall Elementary School	
Saturdays	1:30pm - 3:30pm
North Hills Shopping Center	

BELLEVUE PEDIATRICS SERIES: TOUGH TODDLERS

Dr. James Rodrigues of Bellevue Pediatrics joins us again for one of our most popular programs, designed to help parents deal with toddlers who throw temper-induced tantrums and refuse to cooperate. It will be held on Tuesday, March 9 at 7:00pm. The program includes time for a question and answer session. Please register online on the library website at www.northlandlibrary.org or by calling the adult services reference desk at 412-366-8100, extension 113.

DAYTIME AND EVENING CONVERSATION SALONS

Northland Library now has both daytime and evening Conversation Salons each month, where any topic of interest is open for discussion. Our daytime Salon has proven to be quite popular since it was started two years ago. Now, members of the Boomer Generation can voice their opinions at the evening Salon, which will be held this month on Thursday, March 11 at 7:00pm. Refreshments will be served.

The next daytime Conversation Salon will be held on Wednesday, March 24 at 1:00pm.

No reservation is required for either Conversation Salon, and new participants are always welcome.

HEALTHY COOKIE BAKE-OFF

If you are a cookie connoisseur, then we've got a program that's sure to tickle your taste buds. It's our Healthy Cookie Bake-off, on Friday, March 26 at 7:00pm. This program is open to children, teens and adults. Here's what you have to do:

- Register online on the library website at www.northlandlibrary.org between March 1 and 21
- Pick up a copy of *Things That Can Make Cookies Healthier*, which is available at the children's/young adult reference desk
- Send your recipe for healthy cookies to Susan Claus at clauss@einetwork.net by March 21 (recipes are not required to be original, but non-original or adapted recipes need to have the source included with the recipe)
- Bring a dozen of your cookies to the program on March 26

A nutritionist will judge the healthiness of the cookies according to the recipe. A blue-ribbon panel will judge the entries based on taste, texture and visual appeal. Awards will be given to the winners, and certificates and copies of the recipes will be given to all entrants.

For more information please call Susan Claus at 412-366-8100, extension 122.

CHILDREN'S STORYTIMES

Our popular children's storytimes will be held through the middle of the month. Here's the schedule:

Preschool Storytime <i>(children ages 3 to 5)</i>	Mondays through March 15 Tuesdays through March 16	10:00am 10:00am
Mother Goose Storytime <i>(children ages 6-24 months and a parent/caregiver)</i>	Wednesdays through March 17	10:00 & 11:00am
Kangaroo Storytime <i>(children ages 24-36 months and a parent/caregiver)</i>	Thursdays through March 18	10:00 & 11:00am
PJ Storytime <i>(children of all ages)</i>	Fridays through March 19	7:00pm

NATIONAL LIBRARY WEEK PLANS UNDERWAY

Several exciting events are being planned for National Library Week, which will be held from April 11 to 17. Our theme this year is *Communities Thrive @ Northland Library*. Special programs will include *An Evening With Mark Twain*, on April 14 at 7:00pm. Well-known Mark Twain Scholar, Dr. Alan Solter, will present a series of tales and observations that will highlight Twain's talent to amuse, enlighten and entertain. You may register for this program on the library website at www.northlandlibrary.org, or by calling the adult services reference desk at 412-366-8100, extension 113

Other activities will include:

- **Secure Your ID Day** Bring your personal papers that you would like shredded to the library from 10:00am to 2:00pm on Saturday, April 17. Volunteers from the Better Business Bureau will be on hand to shred these materials on site.
- **Open House on April 17** Includes tours of the library, activities and refreshments
- **Random Acts of Amnesty** Late fees on items returned at randomly-selected times during the week will be forgiven
- **Rama the Camel Scavenger Hunt** Find goodies hidden by the library's favorite camel
- **Back Room Tours** A look behind the scenes at the library
- **Sleepover Luau** Children 5 and older and a grown-up can spend the night at the library on Saturday, April 17. Register in person at the children's/young adult reference desk beginning March 29. There is a \$5 materials fee per person.
- **Displays and information about community groups that use the library's facilities**

More information on these and other events will be available on the library website, plus on our message boards and handout desks on both levels during this month. We hope you will make plans to join us and show your support for Northland Library and the services we provide.



Events for March 2010

March 1	Preschool Storytime * 10:00am Children's Program Room	Reading Night * 5:30pm Rooms 148-1&2	Kangaroo Storytime * 10:00am & 11:00am Children's Program Room
	Longwood at Home 1:00pm Room 148-1	PJ Storytime * 7:00pm Children's Program Room	Evening Conversation Salon * 7:00pm Room 148-1
	Northland Library Walkers * 5.5.51:00pm Room 148-2	March 6 Daffodil and Hosta Society 1:00pm Rooms 148-1&2	Pine Creek Land Trust 7:00pm Room 103
	North Pittsburgh Past Finders 7:00pm Rooms 148-1&2	March 7 Strategies for Success 1:00pm Room 103	March 12 Second Friday Book Group * 11:30am Room 148-1&2
March 2	Tax Form Preparation Assistance * 9:00am Rooms 148-1&2	Moraine Sailing Club 1:00pm Room 148-2	PJ Storytime * 7:00pm Children's Program Room
	Preschool Storytime * 10:00am Children's Program Room	March 8 Preschool Storytime * 10:00am Children's Program Room	March 13 El Families 9:00am Room 148-1
	Acri Realty: North Park Place 6:0pm Room 148-2	Dining with Diabetes * 1:00pm Room 148-1	Breezeshooters Radio Club 12:00pm Room 148-2
	Tuesday Night Book Group * 7:00pm Room 148-1	Northland Library Walkers * 1:00pm Room 148-2	March 14 No public events scheduled
	North Hills Genealogists Board 7:00pm Room 103	Writers at Work * 6:30pm Room 148-1	March 15 Preschool Storytime * 10:00am Children's Program Room
March 3	Mother Goose Storytime * 10:00am & 11:00am Children's Program Room	North Hills Coin Club 7:00pm Room 148-2	Dining with Diabetes * 1:00m Room 148-1
	Ingomar Garden Club 10:00am Rooms 148-1&2	March 9 Tax Form Preparation Assistance * 9:00am Rooms 148-1&2	Northland Walkers * 1:00pm Room 148-2
	Red Hat Mermaids 10:00am Room 103	Preschool Storytime * 10:00am Children's Program Room	Watch & Clockmakrs Assn. 7:00pm Room 148-2
	YWCA Southwest Regional Key 5:30pm Room 148-1	Bellevue Pediatrics: Tough Toddlers * 7:00pm Room 148-1	March 16 Tax Form Preparation Assistance * 9:00am Rooms 148-1&2
March 4	Tax Form Preparation Assistance * 9:00am Rooms 148-1&2	Fortune Acupuncture 7:00pm Room 148-2	Preschool Storytime * 10:00am Children's Program Room
	Kangaroo Storytime * 10:00am & 11:00am Children's Program Room	March 10 Mother Goose Storytime * 10:00am & 11:00am Room 148-1	North Hills Genealogists 7:00pm Room 148-1&2
	Writing as a Spiritual Journey * 7:00pm Room 148-1	Northland Library Walkers * 1:00pm Room 148-2	Northland Library Authority Board * 7:30pm Room 103
	Kings Kids 4-H 7:00pm Room 148-2	Foreign Film Series * 2:00pm Rooms 148-1&2	March 17 Mother Goose Storytime * 10:00am & 11:00am Room 148-1
March 5	Northland Library Walkers * 1:00pm Room 148-2	NH Amateur Radio Club 7:00pm Room 148-2	League of Wome Voters 10:00am Room 148-2
	Perrysville Chiropractic 2:00pm Room 148-1	Northland Library Foundation * 7:00pm Room 103	Northland Library Walkers * 1:00pm Room 148-2
		March 11 Tax Form Preparation Assistance * 9:00am Rooms 148-1&2	Travel Film Series * 2:00pm Rooms 148-1&2


	YWCA Southwest Regional Key 5:30pm Room 148-1	March 22 Dining with Diabetes * 1:00pm Room 148-1	Healthy Cookie Bake-off 7:00pm Rooms 148-1&2
March 18	Tax Form Preparation Assistance * 9:00am Rooms 148-1&2 Kangaroo Storytime * 10:00am & 11:00am Children's Program Room Teas Around the World * 7:00pm Rooms 148-1&2 Breezeshooters Radio Club 7:00pm Children's Program Room	Northland Library Walkers * 1:00pm Room 148-2 James Shields Seminar 6:30pm Room 148-2	March 27 Embroiderers Guild of America 12:00pm Room 148-1 March 28 Shyness and Anxiety Group 3:00pm Room 148-1
March 19	MOMS Club of Wexford 8:30am Room 148-2 HealthAmerica/Advantra 10:00am Room 148-1 Northland Library Walkers * 1:00pm Room 148-2 PJ Storytime * 7:00pm Children's Program Room	March 23 Tax Form Preparation Assistance * 9:00am Rooms 148-1&2 Gateway Hospice 3:00pm Rooms 148-1&2 James Shields Seminar 6:30pm Room 148-1	March 29 AAA Mature Drivers Course 9:00am Rooms 148-1&2 Dining with Diabetes * 1:00pm Room 148-1
March 20	Coldwell Banker 10:00am Room 148-1 Board Games Meetup 12:00pm Room 148-2	March 24 Conversation Salon * 1:00pm Room 148-1 Northland Library Walkers * 1:00pm Room 148-2 Documentary Film Series * 2:00pm Room 148-2 Don't Toss My Memories in The Trash * 7:00pm Rooms 148-1&2	March 30 Tax Form Preparation Assistance * 9:00am Rooms 148-1&2 March 31 Highmark 10:00am Room 148-1 YWCA Southwest Regional Key 5:30pm Room 148-1
March 21	Moraine Sailing Club 1:00pm Room 148-2 Rock Garden Society 1:30pm Room 148-1	March 25 Tax Form Preparation Assistance * 9:00am Rooms 148-1&2 March 26 Northland Library Walkers * 1:00pm Room 148-2 The Book Club 2:00pm Room 148-1	<i>* library sponsored program</i> Contact names and phone numbers for all non-library events can be found on the Events Calendar page of the library website.



NORTHLAND PUBLIC LIBRARY
300 Cumberland Road
Pittsburgh, PA 15237
412-366-8100
www.northlandlibrary.org

Upcoming Library Events

SPRING BOOK SALE BLOWOUT
April 30, May 1-2
Thousands of books, CDs, DVDs available at discount prices.





Three Rivers Storytelling Festival
August 6 & 7, 2010 • www.3rstf.org



- Storytelling for All Ages
- Lunch & Stories for Seniors
- Storytelling Workshops
- *Most Events Are FREE!*

NORTHLAND LIBRARY TUTOR



Northland Library Tutor provides free, live online tutoring assistance daily from 3:00pm to 10:00pm by clicking on the Northland Library Tutor logo on the home page of our website. Students connect directly with experts for one-on-one help in many areas, while adults can receive assistance with resume and work-related writing. You can access Northland Library Tutor on any Internet-equipped computer in the library, or through our website by anyone with a Northland Library card who is a resident of our five supporting municipalities.



NEW ITEMS IN THE BOOK NOOK

There are three new items now available at the Book Nook, located on the upper level of the library. We have environmentally-friendly "Read About Green @ Your Library" tote bags available. Also new to the store are large-print books, and Reader's Digest magazines. Stop in today and check out these and other items in the store.

TUESDAY NIGHT BOOK GROUP

On March 2 at 7:00pm we will discuss *Traffic: Why We Drive the Way We Do (and What It Says About Us)*, by Tom Vanderbilt. This surprising best-seller explores the physical, psychological, and technical factors that explain how traffic works, why we drive the way we do, and what our driving says about us.

The April 6 selection is *The Case For God*, by Karen Armstrong. No reservation is required for this program and new participants are always welcome.

SECOND FRIDAY BOOK DISCUSSION GROUP

Our discussion this month centers on the first in a trilogy by the late Swedish author Stieg Larsson, *The Girl With the Dragon Tattoo*. This is a highly-regarded thriller involving an unlikely pair investigating the disappearance of a young girl. The main character, a tattooed computer hacker who helps to solve the crime, is unforgettable and totally fascinating. Bring a brown bag lunch and join in the discussion on March 12 at 11:30am. No reservation is required and newcomers are always welcome.

April's book will be the Allegheny County Library Association's One Book, One Community selection, *A Walk in the Woods*, by Bill Bryson.

WRITERS AT WORK

If you want to learn more about writing as a career or a hobby then why not join our Writers at Work group, which will meet on Monday, March 8 at 6:30pm. Get some helpful hints on everything from the basics of creative writing to brushing up on your writing skills. No reservation is necessary. For more information please call Hana Caye at 412-364-0877.

NORTHLAND LIBRARY WALKERS

The Northland Library Walkers meet several times a month at 1:00pm in the meeting rooms on the lower level. It's a great way to get some exercise without having to deal with the winter weather conditions outside. You can work at your own pace to Leslie Sansone DVDs for an hour at each session. From now until National Library Week in mid-April, the Walkers have a challenge to see who attends the most sessions, walks the most miles, and who brings the most new guests to join in the fun. For a schedule of sessions see the Events Calendar in this newsletter or on the library website. For more information on the Walkers contact Edith Sutterlin at 412-366-8100, extension 125.

BOOK GIVING PROGRAMS

We wish to thank the following people who have recently contributed to Northland Public Library's Book Giving Programs. If you are interested in donating a book in memory of a loved one, or in donating a book to honor someone on a special occasion such as an anniversary or birthday, please see a librarian at the adult reference desk or call the Northland Library Foundation office at 412-366-8100, extension 103.

In Memory Of

Paul M. Borkovich
Harvey Fletcher
Lana Florida
Alice Forney
John E. Gramentine
Douglas E. Greenwood
Alice Krey
Inez Meier
Thomas M. O'Connor, Jr.
Nicholas G. Mihaloupoulos
Regis Peck
Douglas A. Watkins
John B. White

From

Dr. Donald J. Wessel
George and Jane Depee
Dan and Barbara Zygowski
The North Hills Genealogists
Dr. Donald J. Wessel
Dr. Donald J. Wessel
The Gallagher Family
The North Hills Genealogists
His Loving Family
Dr. Donald J. Wessel
Thomas H. Williams
McCandless Town Council
The North Hills Genealogists



March Computer Classes

Northland Library offers the following classes free of charge. Pre-registration is required. You may sign up in person at the Computer Center on the upper level, or by calling 412-366-8100, extension 131. Please notify the Computer Center if you are registered for a class and unable to attend.

INTRODUCTORY CLASSES

Introduction to Computers <i>(for beginning computer users)</i>	Monday, March 1 or 8	10:30am-12:00pm
Mouse Practice <i>(for beginning computer users)</i>	Wednesday, March 3 Wednesday, March 24	2:00-3:00pm 3:00-4:00pm
WordPad <i>(teaches basic access to the Internet)</i>	Thursday, March 18	11:00am-12:00pm
Introduction to the Internet <i>(must have computer competence)</i>	Tuesday, March 9 Monday, March 22	2:00-3:00pm 3:00-4:00pm
Introductory Yahoo Email <i>(must make an appointment to set up an Email account before this class)</i>	Tuesday, March 23	2:00-3:00pm

FOR COMPUTER OWNERS

Computer Protection and Maintenance <i>(must have computer experience)</i>	Thursday, March 11	2:00-3:30pm
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MICROSOFT OFFICE SOFTWARE

Introduction to Word 2007 <i>(for students with no Word experience)</i>	Monday, March 1 or 15	1:00-2:30pm
Word 2007 Practice <i>(must have taken Word 2007 class)</i>	Thursday, March 11 Tuesday, March 23	11:00am-12:00pm 11:00am-12:00pm
Word 2007 In-Depth Class <i>(must have previous Word experience)</i>	Thursday, March 25	2:00-4:30pm
Excel 2007 <i>(must have Word experience)</i>	Thursday, March 4 Thursday, March 18	2:00-3:30pm 7:00-8:30pm
PowerPoint 2007 <i>(must have Word experience)</i>	Thursday, March 18	2:00-3:30pm

ADOBE-PHOTO EDITING

Photoshop Elements 7 <i>(must have Word and Internet experience)</i>	Wednesday, March 17	2:00-4:00pm
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ONLINE CLASSES

Selling Online <i>(must have computer and Internet experience)</i>	Wednesday, March 31	2:00-3:30pm
Digital Photography and Online Services <i>(how to take pictures from your camera, edit and set up a Snapfish account)</i>	Friday, March 5	10:30-11:30am
Job Hunting on the Internet <i>(must have computer and Internet experience)</i>	Thursday, March 11 or 25	7:00-8:30pm